





Vol. 15, No. 33

From the Beaches to the River District downtown Fort Myers

AUGUST 19, 2016

### Series Spotlights Local Bands, Breweries At Davis Art Center



Heat Latin Jazz Band

photos courtesy SBDAC

The Sidney and Berne Davis Art Center introduces its new Noteworthy Concert Series to highlight diverse local bands and breweries you should know. The concerts will be held in September and October.

Noteworthy concerts range from Latin jazz fusion to indie rock, bluegrass and funk. All will be paired with some of the finest craft breweries in Southwest Florida. Spend the evening dancing, beer tasting and moving to the beat of the music.

For all Noteworthy Series Concerts, doors open for cocktails at 7 p.m. Shows start at 8 p.m. General admission tickets are \$10; the four-series concert package costs \$30 (save \$10). Purchase tickets online at sbdac.com or at the box office.



#### For A Season

Concerts include:

• Friday, September 9 – Heat Latin Jazz Band

Heat Latin Jazz Band is a six-piece band whose music covers a wide variety of traditional Latin music, ranging from salsa classics to Latin jazz to original compositions, all drawing on Afro-Cuban rhythms. Heat Latin Jazz Band is made up of young musicians from a wide variety of cultural backgrounds, such as Argentina, Cuba, Puerto Rico, Venezuela and Vietnam.

The concert features local craft beer brewery Fat Point Brewing.

• Friday, September 23 – For A Season

For A Season recently opened for headliner Johnnyswim at the inaugural Tap and Tunes Craft Beer and Music Festival in January 2016. For A Season is a folk, soul, rock-and-roll band hailing from Southwest Florida. From rock backgrounds, gospel flavored vocals with a rootsy feel, and a blend of modern folk orchestration that also makes room for soul and country inflections, For A Season released their first full continued on page 4

### Local Heroes Nominated For Officer Of The Year Award

ast week, Rotary Club of Fort Myers South announced the nominations for Officer of the Year, to be announced at the annual Law & Order Ball starting at 6 p.m. on Saturday, September 17 at Germain Arena in Estero. The awards dinner recognizes local law enforcement and celebrates their dedication and commitment to the community, with six agencies nominating those among their ranks who go above and beyond the call of duty.

beyond the call of duty. The Officer of the Year will be chosen from the following nominees:

• Cape Coral Police Department – Sgt. Jon Kulko, Officer Stephen Cragin and Det. Christy Jo Ellis

• Florida Gulf Coast University Police Department – Det. Joseph Anderson

• Fort Myers Police Department – Officer Cassie McHale

• Lee County Port Authority – Senior Officer Melissa Duncan, Master Officer John Rodriguez and Master Officer Matthew Timothy

• Lee County Sheriff's Office – Det. Michael Cahill, Deputy First Class Jarrod Cantrell, Sgt. James Matthew



Presentation of colors during a previous Law & Order Ball photo courtesy Rotary Club of Fort Myers South

Chitwood, Deputy First Class Michael Elkady and Sgt. Sylvester Smalls

• Sanibel Police Department – Sgt. Grace Towler The Officer of the Year will receive a custom designed piece by Rotarian Mark Loren of Mark Loren Designs. So that all local law enforcement officers who wish to attend are able to do so, Rotary Club of Fort Myers South will offer, once again, the Fund-A-Cop program. To participate and underwrite the cost of a ticket for a member of Lee County law enforcement, visit lawandorderball.org.

Regular ticket sales are also available on the website for \$150 per person or \$1,200 for a table of eight. The evening includes cocktails, hors d'oeuvres, dinner, a silent and live auction, entertainment and some surprises. All proceeds benefit the Rotary Club of Fort Myers South Foundation and Lee County law enforcement youth programs.

Many levels of sponsorship opportunities are available, with major sponsors being honored at a special VIP reception. Donations of auction items are also currently being accepted.

Creighton Construction and Development and Ada's Market are the presenting sponsors.

For information about in-kind donations and sponsorship opportunities, visit lawandorderball.org or contact Lori Cook North at lori@eventfulinc.com.

For more information, visit rotarysouth.org.☆

### Historic Downtown Fort Myers, Then And Now:

### **Reilly Brothers In** Seaboard Depot



by Gerri Reaves, PhD



'ntil Reilly Brothers closed in 2007, wandering through the "house of house parts," as it was called, was a trip to vin-

tage Fort Myers. If you needed replacement panes for those jalousie windows or doors, Reilly's was the place to find them. Supplies spilled out of not only the main building, but several others on the site.

For discontinued items, "the do-it-yourself headquarters" was the last best hope. The house of house parts was stocked with the nuts and bolts (literally) that could keep old buildings going.

What former customers seem to remember best were the numerous toilets and bathroom sinks in almost every color of the rainbow.

Lined up in neat rows, they were a testament to mid-20th century bathroom design as well as the advent of the low-flow toilet.



What's the next stop for the historic depot? Art coop? Performance space?

photo by Gerri Reaves

Once water conservation became the norm, those large colorful water-guzzling toilets -- and their colorcoordinated sinks -- were replaced by smaller ones, many ending up at Reilly Brothers.

Given its focus on preserving the past in its own way, it was fitting that when the business moved from Henderson Avenue in 1968 that it relocated to the Seaboard Air Line Railway depot on East Riverside Drive in East Fort Myers.



Reilly Brothers, seen here circa 1985, was located in the historic Seaboard Air Line Railway depot. In January 1927, the Orange Blossom Special arrived with unprecedented fanfare. photo courtesy Southwest Florida Historical Society

ENTRANCE

Over the Reilly Brothers entrance, the words "Seaboard Railroad" reveal the depot's first chapter of history in this 2007 photo photo by Gerri Reaves

The Mediterranean-style building had been completed in 1926 at a cost of \$75,000.

Its first passenger train, the famous Orange Blossom Special, arrived on January 7, 1927 from Arcadia, prompting one of the town's biggest celebrations ever, as well as some competition for the Atlantic Coastline Railroad (ACL).

During the mid-1920s boom, the "East End" became an economic rival to downtown Fort Myers, and the extension of the Seaboard to Fort Myers was a major component in the rivalry.

Before the 1926 hurricane, the real-estate bust and the subsequent Great Depression, some local leaders believed it would surpass the main business district in importance, and there was even talk of incorporation.

However, the future didn't pan out quite as rosy as Seaboard or East Fort Myers planned. Seaboard passenger service didn't outlast that of

the ACL's, which continued until 1971. The Seaboard tracks to the depot were pulled up in the early 1950s, and the depot ceased to function as such.

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Greater fort Myers



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### Sedaris Comedy At Theatre Conspiracy

by Di Saggau

rother and sister David and Amy Sedaris are both successful authors and playwrights. Together they wrote The Book of Liz, which is now showing at Theatre Conspiracy. It involves an Amish-like religious sect called the Squeamish who live in a town named Cluster Haven. Satire is the name of the game in this production. The main character is Sister Elizabeth Donderstock (Joann Haley), who makes the prize-winning cheese balls that have put the town on the map, thereby making them commercially successful. She has made the Gouda spheres since she was a child, both traditional and smoky. When Reverend Tollhouse (Jim Yarnes) orders her to turn over her recipe to the new Brother Nathaniel

### Alliance Fundraiser Coming This Fall



The Alliance for the Arts will host its annual fundraiser, Order/ Chaos: An Evening on Edge, on Saturday, November 12 on the Alliance campus in Fort Myers.

Attendees will explore the concepts of order and chaos as interpreted by performance, visual, musical and culinary artists. Interactive exhibits will provide an opportunity to step inside the worlds of order and chaos, and play on the razor-thin edge between the two.

Local chefs will offer tastings of their culinary creations, and specialty cocktails will twist the theme to its extreme. Patrons can bid on live and silent auction items. The night concludes in the Alliance lounge with dancing and a live performance by Strange Arrangement.

Tickets for the VIP Experience are \$200 and include access to a VIP pre-party, exclusive preview of auction packages and access to VIP concert seating with cocktail service. Doors for the VIP Experience open at 6:30 p.m. Main event tickets are \$125 and include open bar, live entertainment, silent and live auctions, as well as food tastings. The main event begins at 7 p.m.

Culinary sponsors are Mermaid Garden Cafe, Prawnbroker Restaurant & Fish Market and Pyro's Creations. Event sponsors include Broadway Palm Dinner Theatre, Tina and Cliff Parker, and Boost Creative. Media sponsors



Scene from The Book of Liz

include Gulfshore Life and Florida Weekly.

Proceeds go toward opportunities for children to participate in the arts as well as expanding collaborations with social service organizations to utilize art therapy.

Sponsorship opportunities are still available. Alliance for the Arts is located at 10091 McGregor Boulevard.

For more information, call 939-2787 or visit ArtInLee.org/orderchaos.



For Women Of All Ages

Village Shops 2340 Periwinkle Way, Sanibel Summer Hours Mon. thru Sat. 11-5pm 239-472-3003 Brightbee (Trevor Beauvois-Kinney), Sister Liz feels unappreciated and decides to try her luck in the outside world.

There, she encounters a Ukranian immigrant (Rachel Burttram) dressed as Mr. Peanut. She ends up waiting tables at a local restaurant called Plymouth Crock, run by recovering alcoholics who take an immediate liking to her. Things seem to be going splendidly for Liz until she's offered a promotion. Unfortunately, she has a severe sweating problem that doesn't bode well for the job.

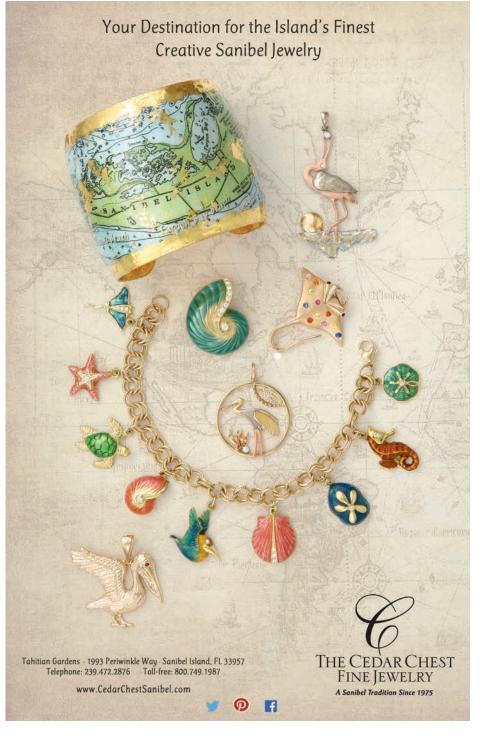
Meanwhile back at Cluster Haven, the cheese balls are not turning out as good as when Liz made them. Did she duplicate the recipe or leave out some ingredients? Will the Squeamish cheese balls ever taste as good again? The answer to those questions and more will be answered before the play ends.

Yarnes, Beauvois-Kinney and Burttram play multiple roles. In fact, Buttram has six roles, including that of the sexually deprived Sister Constance Butterworth, who has her eye on Brother Brightbee. It's amazing how these three change characters and costumes in the blink of an eye.

There are a few gross-out jokes, which are not to my liking, but they are kept to a minimum. I must say that most of the audience enjoyed them. As they say, different strokes. The actors all have great comic instincts as they conjure up their different character's personalities, and Haley is a stand-out as Sister Liz.

The set was impressive, consisting of seven gigantic wine colored books with touches of gold. They turn to provide scenes for the play. Stephen Hooper directed the play, and if you are fans of the dynamic Sedaris duo, this one will be right up your alley.

The Book of Liz plays through August 27 at Theatre Conspiracy, 10091 McGregor Boulevard in Fort Myers at the Alliance for the Arts. For tickets, call 936-3239.\*\*



### THE RIVER - AUGUST 19, 2016 Artist Series At Edison Mall

The Alliance for the Arts and Edison Mall have joined together to showcase the work of Lee County artists with the Artists@Work series. Guests are invited to meet area artists and learn about their crafts as they demonstrate it first-hand. Interactive demonstrations will take place on the third Saturday of each month through December, from 1 to 3 p.m.

This Saturday, August 20, visitors can experience yoga with Yoga Bird. On Saturday, September 17, take part in painting with Terry Lynn Spry.

On Saturday, October 15, participants can try their hands at palm frond art with Shawn Holiday. Saturday, November 19 will bring sketching with Leo Johnson and on Saturday, December 17, Peter McGrain – an accomplished accordion and musical saw player - will offer music lessons.

Classes will be held at the Edison Mall (near Macy's Court) at 4125 S. Cleveland Avenue in Fort Myers. For more details, contact Mike Kiniry at Alliance for the Arts at 939-2787 ext. 128.

### Call To Vendors For Arts Market

rtists, musicians and specialty food vendors are wanted for the Linaugural Creative ARTs Market, a project of the River District Alliance, which will be held on on November 11, 12 and 13 as well as December 9, 10 and 11 in the River District. This white tent market will be set up on Hendry Street between Bay Street and Edwards Drive. Hours will be Fridays and Saturdays from 11 a.m. to 8 p.m. and Sundays from 11 a.m. to 6 p.m.

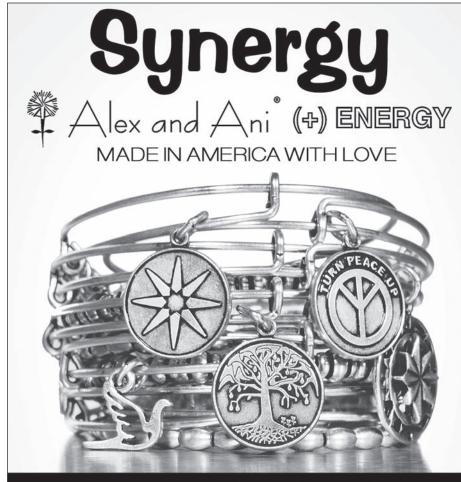
The market is a juried and exhibitors will be selected based upon varied highquality gifts inlcuding artwork, imported hand-crafts and specialty foods, original

art, jewelry, photography, fused glass, up-cycled art, gift items, pottery, textiles and wearable art.

There will be 50 booth spaces available. All spaces are 10x10 feet; vendors must supply their own tent and displays. It must be a high-peak tent with a back wall, tall ceilings and closable overnight. Electricity will be provided. Displays must stay inside booth spaces. Security will be provided overnight.

Booth rates are \$225 for each threeday event or \$200 for two consecutive days; single days not available. Vendors may sign up for both months at the discounted rate of \$400. Booth space may be shared with prior approval.

For more information or to apply, contact Claudia Goode at 337-5050 or cgoode@actabuse.com☆



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### From page 1 **Concert Series**



#### The Good Bad Kids

length record, I Will Wait, in 2015.

The concert features local craft beer brewery Old Soul Brewery.

Friday, October 14 – The Good Bad Kids

With a shared love for folk, rock, punk, and bluegrass music, Matt McWaters, Nicky D'Agostino, Joe Garita and Dempsey Jones - collectively known as The Good Bad Kids - perform an exhilarating and captivating mixture of old and new sounds. Combining powerful harmonies and musical diversity, they take the stage and deliver an electrifying, riotous performance that is sure to get you hooked, up out of your seat, and on to the dance floor.

The concert features new, local craft beer brewery Millennial Brewing Company. • Friday, October 28 – Strange Arrangement

Party-funk rock group Strange Arrangement will set the mood for SBDAC's Halloween Bash. Bring your party friends and dress up in your most spook-tacular Halloween costumes. Hailing from the tropical paradise Pine Island, Strange Arrangement is a creative musical "family" organized by the Brothers Van Kirk. The group consists of dedicated musicians who are making a positive impact on the future generations with a multi-faceted approach to creating and delivering music. Brothers Warren and Gregory each have a unique, broad range of musical tastes and incorporate this into their original music, appealing to people of all ages and walks of life.

The concert features local craft beer brewery Bury Me Brewing.

Bury Me Brewing is the first micro-brewery located within the city of Fort Myers. Established in 2015, Bury Me crafts several small batches at a time to focus on blending tradition with innovation. Owned and operated by a very unlikely trio, their differences are one of the things that help keep them unique. As the "Craft Beer" movement was sweeping across the nation the three saw the demand and potential for such a business in the Southwest Florida area.

The Sidney and Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information, visit www.sbdac.com.



Strange Arrangement

photos courtesy SBDAC

### Signature Vintner Named For 2017 Wine And Food Fest



Exterior of the V Madrone Barrel Room

photos courtesy SWFL Childeren's Charities

outhwest Florida Children's Charities has named V Madrone Cellars as Honored Signature Vintner of the 2017 Southwest Florida Wine & Food Fest, the organization's annual fundraiser. Owners Chris and Pauline Tilley will represent the winery by attending the Signature Vintner Dinner on December 4 and at the Wine & Food Fest in February.

The two-day event includes Chef Vintner Dinners at private homes on Friday, February 24 and The Grand Tasting and Live Auction on Saturday, February 25 at Miromar Lakes Beach & Golf Club.

### **Tickets Still** Available For Love That Dress

here is less than a week remaining for fashionistas to purchase their tickets for the ultimate shopping spree event of the season, Love That Dress!8, to benefit PACE Center for Girls of Lee County. General admission tickets are available, however, a limited number of VIP tickets remain. Love That Dress!8 will be held on Wednesday, August 24 at Embassy Suites by Hilton in Estero, located at 10450 Corkscrew Commons Drive.

Doors open at 5 p.m. for VIP shoppers and 6 p.m. for general admission shoppers. The event



runs until 9 p.m. There will be a large inventory of new and gently used dresses, shoes, handbags and accessories for sale, including brand new looks from title sponsor White House Black Market. Attendees can shop and place bids in the silent auction featuring \$35,000 worth of items.

New this year, raffle tickets to win a brand new 2017 Infiniti QX50 with a two-year lease, donated by Fort Myers Infiniti, will be also be available.

Tickets are \$30 per person in advance or \$40 at the door. VIP tickets are \$150 per person and include an hour of pre-shopping, hors d'oeuvres, private dressing rooms, clothing hold, express check-out, and a selection of chocolates.

Tickets are available online at www. lovethatdress.org.炎



1628 Periwinkle Way • (239) 472-2893 Heart of the Islands, Sanibel Find us on www.threecraftyladies.com facebook



V Madrone Vineyards in St. Helena, California

"V Madrone Cellars has participated in the Southwest Florida Wine & Food Fest for nearly a decade now," said Bill Toler, trustee and vintner committee co-chair for SWFL Children's Charities, Inc. "We are thrilled to honor the Tilleys' longstanding generosity and commitment to SWFL Children's Charities, Inc. by highlighting their exceptional wines and celebrating them as our Honored Signature Vintner.'

Located within the Napa Valley in St. Helena, California, V Madrone Cellars is known for its Estate Cabernet Sauvignon, produced at its 3.5-acre vineyard. V Madrone Cellars holds a rich history, the owners having resurrected a former winery from the pre-Prohibition era, to house the present day vineyard and winery of V Madrone Cellars. Among V Madrone's array of offerings include Cabernet Sauvignon, Zinfandel Old Vines, Chardonnay, Petite Sirah Old Vines, Le Prechaun and Rosé wines.☆



### Discount Days At Edison Ford For Lee County Residents, Teachers



Visitors discovering treasures found at the Edison & Ford Winter Estates photo courtesy Edison & Ford Estates

n Saturdays and Sundays through the end of August Edison & Ford Winter Estates is offering Lee County residents 50 percent off admission and teachers and their families will receive free admission.

Lee County residents, teachers and their families will also receive 10 percent off retail purchases in the Museum Store and Ford Cottage Shoppe.

This is an opportunity for all Lee County residents to try out the new family audio tour. The audio takes visitors through the historic property with voice actors portraying both Thomas Edison and Henry Ford.

The narration makes fun comparisons to technology and life today and includes sound effects of animals, trains, music playing and even the family splashing in the swimming pool. There is even a question and answer sheet for children to complete and return to staff for a prize in the Museum Store.





Youngsters on the Edison & Ford Estates' family audio tour

Tour highlights include Edison's winter home and guest house, his study, pier, swimming pool, Moonlight Garden and caretaker's house, Ford's winter home, caretaker's house, garage and the famous Mysore Fig tree. A self-guided tour of the museum and Edison's Botanic Research Laboratory, as well as the gardens is included.

The audio is geared toward children and families; however, anyone visiting can select this tour option during the audio orientation. Visitors should allow at least an hour for the tour. The audio is available in English, German, French and Spanish and a map of the historic site is included.

Regular admission for the self-guided audio tour is \$20 for adults, \$15 for children aged 13 to 15, \$11 for children aged 6 to 12 and free for children aged f5 and under. Edison Ford members receive free admission.

Pinchers restaurant at The Marina at Edison Ford is offering a free drink with a \$13.99 minimum purchase (coupon on Edison Ford map) and kids eat free.

River cruise packages with Pure Florida are available for an additional fee. During the month of August, Pure Florida is donating a percentage of ticket sales to the Foundation for Lee County Public Schools. This offer cannot be combined with other discounts and excludes river cruise packages. For additional information, call 334-7419 or visit www.edisonfordwinterestates.org.

### Beach Lions Shrimp Festival Design Contest

If you are into art and want to help your community, the Fort Myers Bach Lions Club wants your graphic design for the 59th annual Fort Myers Beach Lions Club Shrimp Festival, scheduled for March 11 and 12, 2017.

The contest is open to all members of the community. The chosen design will be the face of the festival and used as the official design for this year's T-shirts, posters, website and advertisements for the event. The design must include images of Gulf shrimp, the official title of the festival (59th annual Fort Myers Beach Lions Club Shrimp Festival), the festival dates and the Lions Club logo. Also, it must fit on a T-shirt and other promotional materials.

Submissions are due by Wednesday, September 21 in digital format. The winning design will be announced during the first week of October. Multiple submissions per designer are permitted. All submissions become the property of the Fort Myers Beach Lions Club.

For inspiration, ideas and designs from years past, visit the Fort Myers Beach Lions Club Shrimp Festival website at BeachShrimpFestival.com.\*



# It's time to give Lizbeth Benacquisto her PINK SLIP.

# NOTICE OF TERMINATION

### Lizbeth Benacquisto Employee's Full Name:

**REASON(S) FOR TERMINATION:** 

### Incompetence

After six years in office, our water-quality problem is worse than ever and at crisis stage.

## Inappropriate Relationship

Too cozy with Big Sugar. Pockets \$90,000 in 2014-15 from interests responsible for polluting our waterways when she's supposed to be working for us.

# Incapable of Following Instructions

Despite repeated warnings, refuses to recognize the conflict between her choice of political partners and her job responsibilities.

### **RECOMMENDATION:**

Terminate Lizbeth Benacquisto! Vote Jason Maughan on August 30!

### Along The River

The downtown Fort Myers River District will again be the scene for Music Walk this Friday, August 19. Restaurants, bars, art galleries and shops will showcase a wide range of music during the evening from 6 to 10 p.m. Expect jazz and blues to rock, drums and much more. Each month brings new energy to the historic streets of downtown Fort Myers.

The River District comes alive every month with live music on the third Friday with Music Walk, featuring more than a dozen participating venues with music by local and regional talent.

During Music Walk, join the 4P Music Network at the Sidney & Berne Davis Art Center. Each performance will be recorded, which can be used to build a promo pack. That recording can be posted on social media and the 4P Network to make connections.

There is no fee to join in the fun. Learn more and sign up at www.4pmusic.com/network.

Organized by the River District Alliance, Music Walk was conceived as a sister event to the extremely popular first Friday Art Walk, which brings out more 2,000 people during off-peak months. Event sponsors include the River District Alliance, Lee County Visitor & Convention Bureau, Edison National Bank, River District, Fort Myers Community Redevelopment Agency and the City of Fort Myers.

It's time to get CPR certified and become a potential lifesaver.

The **Sanibel Public Library** will be hosting the Sanibel Fire Rescue District's **CPR course** this Friday, August 19. The first session begins at 11:30 a.m. and will be repeated at 1 p.m.

The cost of the course is \$10 and includes all materials. The public is invited.

The Sanibel Public Library is located at 770 Dunlop Road on Sanibel. Registration is required to participate. Call Cathy at 472-2483 to register and for more information.

This Friday, the **Edison & Ford Winter Estates** will host phonograph expert John Kurdyla, who will present special programs about the **phonograph**. A resident of Padua, Italy, Kurdyla's expertise and engaging demonstrations have been a favorite of Edison Ford visitors for several years.

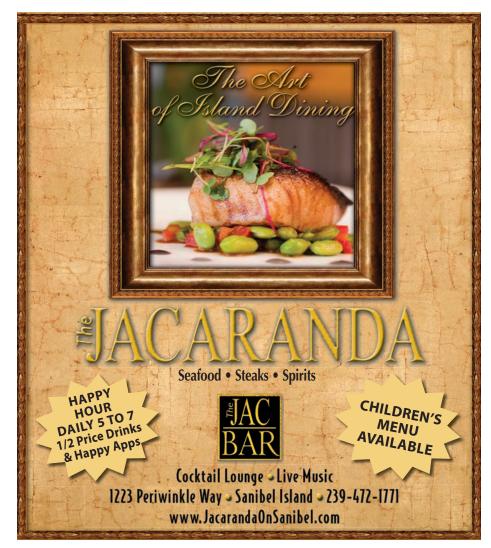
Edison Ford curators will also demonstrate the Edison Ediphone business machines, record "dictation" and listen to old recordings.

These special presentations will be given at 11 a.m., 1 p.m. and 3 p.m. in the Music & Movies Gallery of the museum. It is free with admission.

Future presentations are held each Tuesday and Friday until September 2.

This Saturday, **Calusa Nature Center and Planetarium** will unveil a **126-pound meteorite** at a celebration at 2 p.m. The meteorite is the focal point of a three-year exhibit, on loan by arrangement with the Toomey Foundation for the Natural Sciences in Bradenton, Florida.

The meteorite is part of a larger





Phonograph expert John Kurdyla will be at the Edison & Ford Winter Estates Friday

meteor that exploded just above the earth's surface some 4,500 years ago. This explosion resulted in a "strewn field," about the size of Manhattan, of craters and meteorite chunks from the same parent body. Originally found in Argentina, the meteorite's parent body is 4.53 billion years old.

The celebration will offer refreshments, prize giveaways, planetarium shows and a special guest speaker from NASA. It is included in an annual membership or with the price of a general admissions ticket. Tickets are \$10 for adults, \$5 for children ages 3 through 12, and free for those under age 3. The center opens at 10 a.m., with activities taking place throughout the day.

The Calusa Nature Center and Planetarium is located at 3450 Ortiz Avenue in Fort Myers. For more information, visit calusanature.org.

**Gulf Coast Humane Society** will be holding an **International Homeless Animals' Day** in the Fort Myers River District this Saturday, August 20 from 6:30 to 8:30 p.m.

Join animal lovers for a candlelight vigil to memorialize the unwanted dogs, cats, puppies and kittens from the community that were euthanized over the last year due to pet overpopulation and to focus attention on spay/neuter as an effective solution.

Gulf Coast Humane Society will be providing the luminaries (candles/ bags) for a suggested, but not required, donation. They will be lit and lined up along the center median of Hendry Street between Bay Street and Edwards Drive. The vigil is pet friendly, so furry friends and rescue stories are encouraged.

On Sunday, August 21, riders across Florida are invited to take part in the 30-mile **benefit motorcycle trip** around Lee County to raise funds for Abuse Counseling and Treatment, Inc. (ACT) in honor of David Barbur, a former Sunrise Rotary Club Rotarian and ACT board member who led a remarkable life of service in the Fort Myers community.

The ACT Motorcycle Ride will raise

photo courtesy Edison & Ford Winter Estates funds for ACT to continue providing

meaningful program services to victims and survivors of domestic violence, sexual assault and human trafficking in Lee, Hendry and Glades counties. The ride is \$20 per person.

This year's event sponsors include Captiva Island restaurant Keylime Bistro and Six Bends Harley-Davidson.

The motorcycle ride will begin with registration starting at 8:30 a.m. and "kickstands up" at 9:30 a.m. at the Six Bends Harley-Davidson, located at 9501 Thunder Road in Fort Myers. It will end at the Keylime Bistro restaurant (11509 Andy Rosse Lane on Captiva) with an assortment of brunch items.

For more information or to register for the event, contact Jennifer L. Benton at 939-2553 or visit http://actabuse.com/ event/motorcycle-run-the-5th-annualdavid-barbur-bikers-brunch.

Also on Sunday, the **Heights Center** is hosting a **Hurricane Party & Cocktail Competition** from 5 to 8 p.m. at the center's 15570 Hagie Drive location in Fort Myers. The public is invited to join local bartenders who will compete for the best cocktail.

Guests will have the opportunity to sample and vote for their favorite cocktail. Celebrity judges include Hilary Hemingway, Jeff Lindsay, author of the Dexter series, Everblades defenseman Logan Roe and CJ Sparrow, aka Captain Jack Sparrow.

Local chefs will provide small plate tastings, and island music will be provided by Dan Confrey of Thank You for the Dance Entertainment. Gina Birch will emcee the party, which will include door prizes and chance drawings. Admission is \$50 per person and includes food and rum tastings. A Pirate Pass is available for \$100 and includes an open bar and VIP benefits. Children under 12 are admitted free. All proceeds will benefit The Heights Center's After School Program.

To purchase tickets for the Hurricane party, visit www.heightsfoundation.org/ hurricane or contact Karen Lesza at 482-7706 or karen@heightsfoundation.org.

### FORT MYERS FARE

**Dining From Downtown's Historic River District To The Beaches** 

For more information, check out our advertisers in this week's The River Weekly News

#### **COURTNEY'S CONTINENTAL CUISINE**

Courtney's is a family business run by Executive Chef Dale, his wife Betty and their son, Courtney. The warm and welcoming bar is great for libations and lots of laughter. Relax in comfort with friends and enjoy discounted drinks and appetizers during happy hour, served from open to close daily. The dining room offers a wonderful dinner variety; if you're an early diner, be sure to check out the Sunset Dining Specials from 4 to 5:30 p.m. Summer hours are Tuesday through Thursday from 4 to 9 p.m. and Friday and Saturday from 4 to 10 p.m.

20351 Summerlin Road (across from Sanibel Outlets in Publix Sanibel Beach Place), Fort Myers. Call 466-4646

### DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's bestselling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

#### **ICHIBAN**

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



Sit dockside with a refreshing mojito at Doc Ford's Rum Bar & Grille on Fort Myers Beach photo courtesy Doc Ford's

#### **IL CIELO**

#### IL TESORO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is located at 1244 Periwinkle Way on Sanibel and open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Wednesday, Thursday, Friday and Saturday nights, beginning at 7 p.m. Call 472-5555 for reservations.

Il Tesoro serves authentic Italian food with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

#### **ISLAND COW**

Where can you go when you're in the 'moooood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches. 2163 Periwinkle Way, Sanibel. Call

472-0606.

#### JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire Blues Band and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.

#### STANDARD RESTAURANT

The Standard Restaurant offers legendary food, cocktails and hospitality in a relaxed atmosphere. The combination of iron beams, old brick walls and thick wooden table tops add to the restaurant's ultra-modern feel. Noted executive chef Katlyn Johnson serves fresh home-cooked style dishes from her "made from scratch" kitchen.

The Standard Restaurant is open six days a week, serving lunch and dinner each day from Tuesday through Sunday as well as brunch with bottomless mimosas on Saturdays and Sundays.

1520 Broadway, Fort Myers, 219-6463.举

### Read us online at IslandSunNews.com





### Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA) 2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900.

#### www.allfaiths-uc.org ALL SAINTS BYZANTINE **RITE CATHOLIC CHURCH**

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of

#### Interstate 75. ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation. fl.goarch.org, 481-2099 BETH SHILOH

#### **MESSIANIC SYNAGOGUE**

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171 **BREAD OF LIFE MINISTRIES** 

#### CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m. CHABAD LUBAVITCH

#### **OF SW FLORIDA ORTHODOX**

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@ chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and

### Thursday 7 a.m. CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverendt Ted Althouse, Pastor revtedalthouse@aol.com

#### **CHURCH OF THE CROSS**

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

#### **CONGREGATIONAL CHURCH**

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978. Pastor Douglas Kelchner, Worship times Sunday's 10:30

#### a.m. Website: www.taecc.com COVENANT PRESBYTERIAN CHURCH 2439 McGregor Boulevard, 334-8937 Reverned Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

#### **CYPRESS LAKE BAPTIST CHURCH**

8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m. CYPRESS LAKE

#### PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

#### Combined Traditional/Praise 10 a.m. CYPRESS LAKE UNITED **METHODIST CHURCH**

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

#### FAITH FELLOWSHIP WORLD **OUTREACH MINISTRIES**

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to12 available. FAITH UNITED METHODIST CHURCH 15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is 1/2 mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel. FIRST CHURCH OF CHRIŚT, SCIENTIST 2390 West First Street, next door to Edison 2390 West First Street, next door to Edisor Estates. 10:30 a.m Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. christiansciencefortmyers.net, christianscience.com

FIRST CHURCH OF THE NAZARENE 13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m. FIRST UNITED METHODIST CHURCH Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers. org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group. FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION 5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15

#### a.m. FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;

8210 College parkway, Fort Myers, 482-3133. Reverend Anton DeWet, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m. Friendship Time follows worship. IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services. JESUS THE WORKER

CATHOLIC CHURCH 881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m. KINGDOM LIFE CHURCH 2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service. LAMB OF GOD CHURCH A few federated Lutheran (ELCA) and

Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www. lambofgodchurch.net. Reverend Dr. James Reho. Šunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m

#### **NEW BEGINNINGS CENTER**

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embargmail. com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers NEW COVENANT EYES CHURCH

#### See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts **NEW HOPE BAPTIST CHURCH OF FORT MYERS**

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study. NEW HOPE PRESENTERIAN CHURCH 3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship:10:30 a.m. www.

#### peacecommunitychurch.com. PEACE LUTHERAN CHURCH Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www. peaceftmyers.com, peace@peaceftmyers. com

**REDEEMER LUTHERAN CHURCH** 3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care. RIVER OF LIFE ASSEMBLY OF GOD 21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m Services; 11:30 a.m. Legacy Service, multi-generational. SAMUDRABADRA BUDDHIST CENTER

Meditation classes. Guided meditations, methods to relaxe body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org. SAINT COLUMBKILLE

### CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Lorenzo Gonzalez. Monday 6:30 p.m., Tuesday through Saturday 8 a.m. Saturday 4 p.m.; Sunday 8, 10 a.m. and 5:30 p.m. Reconciliation Saturday 9 a.m. or by appointment. ST. FRANCIS XAVIER

CATHOLIC CHURCH 2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m. SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH 3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

#### SAINT MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS) 3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and

children Sunday at 9:15 a.m. SAINT PETER LUTHERAN CHURCH 3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.

#### Sunday worship service at 9:30 a.m. SAINT NICHOLAS MONASTERY Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www. saintnicholasmonastery.org. ST. VINCENT DE PAUL

#### CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Šunday.

#### SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednsday Service 6 p.m. TEMPLE BETHEL SYNAGOGUE 16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi.barras@ templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday. **TEMPLE JUDEA (CONSERVATIVE)** 14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan:

Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org. THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. http://www. newchurchflorida.com. 481-5535. UNITARIAN UNIVERSALIST

### **CHURCH FORT MYERS**

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org. UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

#### UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www. unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness **WESTMINSTER PRESBYTERIAN** CHURCH

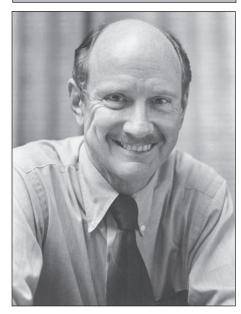
9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. www. westminsterfortmyers.org

#### WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi **ZION LUTHERAN CHURCH** 

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. www.zionfm.org.

#### **OBITUARY**



JOHN "JACK" WESTON

John "Jack" Weston passed away on Monday, August 8 in Minneapolis, Minnesota. He was 84. Jack was a fun-loving father, grandfather, great-grandfather, brother and uncle who enjoyed life to the fullest. His family and dear friends provided him the greatest amount of joy.

An Edina, Minnesota resident, Jack graduated from Breck School in 1949. After attending the University of Minnesota, he joined the Weston Engraving Co. with his father, John J. Weston, Sr. Jack took over as president of Weston Engraving in the late 1950s and successfully led his company into the first days of digital printing. In the early 1960s, he founded Weston Photo Mechanical Company in Edina, which manufactured printed circuit boards for many government and industrial applications. Jack enjoyed riding horses during his youth. He and his five-gaited horse Service Stripes earned blue ribbons at the Kansas City Royal and Madison Square Garden as well as many competitions on his home turf.

Jack enjoyed a 45-year winter residence on Captiva and Sanibel Islands. He was a member of The Minneapolis Club, The Minikahda Club, the Captiva Island Yacht Club and The Sanctuary Golf Club on Sanibel. Jack was a boating enthusiast and owned many boats throughout his life in Minnesota and Florida. One of his favorite Florida boats was named Engraver III.

Jack was proud of his children, grandchildren and great-grandchildren and he always remembered their birthdays and anniversaries.

Preceded in death by parents, John and Margery Weston; sisters, Margery (Fred) Lade and Audrey DeLarco. Jack is survived by his former wife, Pam Weston, and their children, Jack Weston III (Connie) of Edina, Marnie Boivin (Dan) of Minneapolis, Mollie Reynolds (Bill) of Orono, and Sheila Nichols (Rich) of Minnetonka; nine grandchildren (Julia, Alex, Drew, Teddy, Liza, Lindsay, Michael, Wes and Patrick) and four great-grandchildren (Meredith, Ellie, Herbert and Lincoln).

A Celebration of Life Luncheon was held at The Minikahda Club in Minneapolis on August 17 (which would have been Jack's 85th birthday). A private family service was held at Lakewood Cemetery.

In lieu of flowers, memorials are preferred to Jones Harrison, 3700 Cedar Lake Avenue, Minneapolis, MN 55416 or to the donor's choice.

### Lee Republican Women Meeting

Randolph G. Russell will discuss American history and civics literacy at the Lee Republican Women Federated monthly luncheon meeting on Monday, September 12. Russell is also author of American History in No Time.

The cost to attend is \$22. The meeting begins at 11:15 a.m. with social time, with lunch and the program to follow. There will also be a report from District 78 Rep. Heather Fitzenhagen.

#### THE RIVER - AUGUST 19, 2016 11

The luncheon will be held at Pinchers at The Marina at Edison Ford, 2360 West 1st Street in Fort Myers. The public is welcome. RSVP to leerepublicanwomen.com/event, call Wren Morefield at 270-210-1284 or email wrenspet@hotmail.com before September 8 at noon.☆

### New Hope Church To Hold Grand Opening

New Hope Presbyterian Church announced that the grand opening of their new church campus, located at 10051 Plantation Road in Fort Myers, will be held on Sunday, August 21. All are welcome to attend one of their two Sunday morning worship services: 9:30 a.m. (traditional) and 11 a.m. (contemporary). They offer child care for preschoolers as well as classes for elementary through high school students and adults.

On Easter Sunday, March 23, 2008, they celebrated their first Sunday together as New Hope Presbyterian Church as part of the Evangelical Presbyterian Church (EPC) denomination. Until now, they had rented a church building at 3825 McGregor Boulevard in Fort Myers from the Brazilian Assembly of God.

For more information about New Hope Presbyterian Church, call the office at 274-1230 or visit www. newhopefortmyers.org.



### From page 2 Reilly Brothers



A colorful array of bathroom sinks for sale photo by Gerri Reaves

Reilly Brothers is itself now a part of local history, the building awaiting reuse.

In recent years, plans for an arts and performance space/coop have been floated, but the venerable depot remains vacant.

Across the street stand the sleek Oasis Condominium towers, symbols of how much the East End has changed.

Explore Riverside Drive and see the historic depot that became a house of house parts. Then visit the Southwest Florida Historical Society's research center to learn more about businesses that helped to keep the town's historic structures in good repair. The all-volunteer non-profit organization is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. The society is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

Call 939-4044 or visit swflhistoricalsociety.org for more information.

Visit the Southwest Florida Museum of History website, museumofhistory.org, for the reopening date after renovations. Then visit the museum, located in the historic Atlantic Coast Line Railroad passenger depot.

The museum is located at 2031 Jackson Street. Call 321-7430 for information.

Sources: Archives of the Southwest Florida Historical Society, the *News*-*Press*, and *The Story of Fort Myers* by Karl H. Grismer.



### Proposed No Boating Zones... Really?



by Capt. Matt Mitchell

Wish our summer afternoon rain pattern in full swing this week, anglers got to capitalize on a little cooler than usual water temperature window for the first

few hours of the day. Water temperature readings were as low as 82 degrees in the early mornings, making the fish not surprisingly a whole lot more active. Those first few magical hours after sunrise until roughly mid-morning has been prime time, with water temperatures quickly rebounding into the high 80s by mid-day, making both fish and anglers lethargic. Add to the cooler water a great morning high tide cycle and it's been the perfect set-up to catch both redfish and snook.

After targeting manly mangrove

water flats fishing for the majority of the last few weeks, fishing for redfish most of this past week made a refreshing change. Although I did not find redfish in huge numbers, most mangrove shorelines held them along with a mixed bag including snook of all sizes and mangrove snapper. Live free-lined shiners and tail-hooked pinfish both caught redfish, with the larger models preferring pinfish. For the first few hours of the trip, our reds came from the sandholes just out from the mangroves. Then, as the sun got higher by mid-morning, the fish were closer to the shade of the trees. Charters this week all produced limits of redfish ranging from 20 to 25 inches.

snapper along with doing some open

Mangrove snapper action slowed some this week, with the abundance larger ones we have been enjoying in the bay for more than a month now becoming harder to locate. The full moon of August this week won't totally shut this inshore bite down, but the best action on the larger snapper in the sound is probably over until next year. While fishing for the snapper this week on various hangs and docks in the northern sound, clients enjoyed some gag grouper action, with the larger grouper proving tough to get out of the structure.

FWC's proposed no boating zones for

### Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-1213.



Barbara and Dave Peirson each with a redfish caught while fishing with Capt. Matt Mitchell this past week

areas around Useppa, Broken islands, and Hemp Key in Pine Island Sound and Coconut Point, Matanzas Pass and Carlos Point in Estero Bay this week are a explosive topic of conversation among fisherman and boaters alike. In the past, every time the FWC has offered a workshop for public hearing, the outcomes were already decided and boaters' rights were taken away.

I have fished many of these proposed areas for years while watching both large-scale hotel and residential development around Estero Bay/ Coconut Point change it forever. I ride by Hemp Key several times a week and have seen the ups and downs of this bird rookery island. Twelve years ago, Hurricane Charley basically leveled Hemp Key, leaving not a single piece of vegetation on it. It has taken until the last few years for any trees and mangroves to grow back at all. The major issues affecting our birds and wildlife are caused by poor water quality, lack of food and development. In my daily observations, birds – when a certain island is not working for them or supplying the resources they need – relocate to another island that does. Every year I watch nesting birds, often they make a rotation from one mangrove island to next.

Making these areas off-limits to boaters in the name critical wildlife where not even a specific species is mentioned is a violation of our rights. Simply put, the FWC needs to be focused on the





Volunteers prepping the ground for the Heights Foundation's aquaponics project

photo courtesy Rotary Club of Fort Myers South

### Rotary Club Supports Heights Foundation Aquaponics System

The Rotary Club of Fort Myers South is providing funding and volunteer hours to build self-reliance with an aquaponics farming modular system for The Heights Foundation. The club provided \$18,000 in startup grant funding, and has organized opportunities for approximately 100 volunteers to work toward the project's expected completion in mid-September. The Heights Foundation is located at 15570 Hagie Drive in South Fort Myers.

An aquaponics system circulates the by-product waste produced by farmed fish to the roots of hydroponically grown plants as nutrient-rich fertilizer. The plants in turn purify the water. The Heights aquaponics system will occupy a footprint of about 35 by 28 feet. During their first work day on July 30, a dozen volunteers completed site preparation for the system.

The Heights Foundation works to build strong, self-sufficient families in the Harlem Heights neighborhood in Fort Myers. Part of its mission is to support education, wellness and the promotion of family and community development.

Heights Foundation Chief Operating Officer Jim Sanger said the aquaponics project complements the foundation's mission by teaching children and families about a low-cost, self-sustaining food production system.

"Our model will be used as a teaching aquaponics system for our local Heights community," Sanger said. "The goal would be to show our community the ease and benefits of the aquaponics system in hopes they would apply a smaller system in their own home."

The produce harvested from the system will be made available to the local community and used in the culinary training program at the Heights Center.

Rotary Club of Fort Myers South President Gerry Poppe added, "The Heights Foundation has become a go-to for our Rotary Club's support. The aquaponics system is a sustainability project that will demonstrate a full-circle process to tchildren, families and community of Harlem Heights."

Volunteer work days are scheduled on Saturday mornings through the end of August.

For more information, visit www.rotarysouth.org.☆



### Plant Smart Shortleaf Gayfeather

by Gerri Reaves

Shortleaf gayfeather (*Liatris tenuifolia*) is a short-lived native wildflower and a member of the aster family.

In the wild, it grows in scrub, dry flatwoods and pinelands, roadsides and dunes.

It's perfect for a low-maintenance wildflower garden. Tuberous roots help it to endure dry sandy soil and full sun. It isn't the best choice for a coastal landscape, however, because of low salt tolerance.

It has many other common names, including shortleaf blazing star, grassleaf gayfeather, shortleaf liatris, fineleaf blazing star, fineleaf gayfeather and fineleaf liatris.

Showy flowers and wildlife friendliness are its chief attributes.

Spikes of dense tufted tubular disk flowers bloom from the top down. Stalks reach three to six feet tall.

The five-lobed flowers' protruding styles (elongated center portion of the pistil), which resemble slender stalks, give them a feathery, frilly, or shaggy look.

Native shortleaf gayfeather attracts bees and<br/>butterfliesphoto by Gerri Reaves

Colors range from pink to purple, rose to lavender, and sometimes white. Blooms appear mostly in late summer and early fall. When not in bloom, the plant

resembles scrubby tufts of grass, so one solution is to place it amid native grasses. The leaves are about a mere quarter-inch wide but can be as long as a foot. The

very slender leaves justify the term tenuifolia, which means narrow-leaved. The ones at the base of the plant are longest, and the short uppermost ones hug closely to the stems.

Shortleaf gayfeather is an excellent bee and butterfly attractor.

In fact, it is designated of "special value to native bees" by the The Xerces Society for Invertebrate Conservation. That alone is an excellent reason to plant it in your yard, given the recently documented devastation to bee populations.

Another reason to cultivate it? The Institute for Regional Conservation gives it an "imperiled" status.

To top it off, this wildflower readily reseeds, thus saving you time on yardwork. Sources: Everglades Wildflowers by Roger L. Hammer, A Gardener's Guide to Florida's Native Plants by Rufino Osorio, Wildflowers of Florida by Jaret C. Daniels and Stan Tekiela, fnps.org, regionalconservation.org, and wildflower.org. Plant Smart explores the diverse flora of South Florida.



### Area Kiwanis Club Members Support 50 Children At ACT



Kiwanis clubs and their sponsored youth organizations joined together for the statewideChristmas in July projectphotos courtesy Kiwanis Division 19

The 14 Kiwanis Clubs in Kiwanis Division 19 and their sponsored service clubs joined together to help 50 of the area's children staying at Abuse Counseling & Treatment, Inc. as a part of the statewide Florida Kiwanis Governor's Project, Christmas in July.

Local Kiwanians raised money to provide children at ACT with a backpack including underwear, socks, a book and a toy as a part of the Florida Kiwanis Christmas in July statewide project.

The concept of Christmas in July came about in 2001 when Kiwanian Dr. Celia Earle performed research on the plight of homeless children in Broward County. She discovered that there were hundreds of the county's students who could not list a home address because they were in shelters. In addition to school-aged children, even more children under the age of 5 are also homeless. She found their number one need was underwear.

In the last 15 years, the project has served over 15,000 children. With Dr. Earle's appointment as 2015-16 Florida Kiwanis Governor, the project was promoted statewide, and was then brought to Lee County.

Kiwanis is a global organization of volunteers dedicated to improving the world one child and one community at a time. Founded in 1915, Kiwanis and its sponsored service organizations, including CKI at the college level, Key Club at the high school level, Builders Club at the middle school level, K-Kids at the elementary school level, and Aktion Club for adults with disabilities, dedicate more than six million volunteer hours annually to strengthen communities and provide service to children.

To find a Kiwanis club in your area, contact 2015-16 Kiwanis Division 19 Lt. Governor Harris Segel at (939-4027 or email harris@pampered-pooch.com. Kiwanis Division 19 can also be found online at kiwanis19.com or on Facebook.

### Wonders Of Water Summer Program A Success



Naturalist Mike Zeleny of Adventures in Paradise with students from the Heights YouthFoundation showing off one of the mullet they netted and then released during their outing<br/>near Pine Islandphoto courtesy Adventures In Paradise

Adventures in Paradise created and sponsored the Wonders of Water (WOW) program this summer with the Heights Youth Foundation. The WOW project was designed to enhance learning and life experiences for fourth to sixth grade students participating in The Heights Foundation's summer camp program. Adventures In Paradise took the children on sea life encounter tours which included continued on page 19

"An Ocean Boutique" "Where Islanders Have Sent Their Friends & Family To Shop Since 1976" Sanibel & Worldwide Shells • Corals & Exotic Sealife Shell Gifts • Jewelry • Books • Candles • Lamps • Sanibel Perfumes • Craft Supplies T-Shirts • Tanks • Muscles • Hoodies • Hats • Cover-Ups & Dresses Handmade Shell Xmas Ornaments & Flowers Celebrating 40 Years On Sanibel! Adult & Kids T's 20% Off END OF SEASON AUGUST CLEARANCE sizes XS-XL Any Single Item MARKDOWNS THROUGHOUT BOTH STORES 3 for \$23 (cash sales only) BUY NOW FOR THE HOLIDAYS & SAVE BIG! Good with coupon not valid on sale items XXL 3 for \$29 TWO SANIBEL LOCATIONS 1157 Periwinkle Way • 472-6991 • 2422 Periwinkle Way • 472-8080 Open 7 Days 9:30am til' 9:00 pm • SheSellsSeaShellsSanibel.com 

### From page 12 Capt. Matt

damaging effects of Lake O water releases. Unfortunately, this is more about politics than helping the ecosystem. The \$100,000 budget for nonreflective no boating access signs for these areas are just another navigational hazard and will do little – if anything – to improve bird habitat.

More and more of our public waterways are being taken away. We all know these no boating zones are just the start of a long-term plan of restrictions to close down mangrove islands and grass flats in Pine Island Sound. This will happen slowly, just a few small islands at a time until the only boating access will be the channel of the intercostal waterway.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.\*

### crow case of the Week: Red-Shouldered Hawk



by Bob Petcher

The redshouldered hawk (Buteo lineatus) is a medium-sized hawk that is often heard before it is seen. Its distinctive whistle, which sounds

like *kee-rah*, rises throughout the forest or other domain it may inhabit.

This red-shouldered species is often referred to as the hawk of the woodlands for its attachment to the forests. Like many hawks, it hunts while watching from a perch, using both sight and sound to locate its prey then swooping down to attack. It sometimes flies in a low pattern to surprise its prey, which includes most small mammals and birds.

During a nesting cycle, males bring food to females at the nest, who in turn feed their nestlings. The male may take a turn sitting on the eggs while the female eats. Females generally remain with their young for one to three weeks after nestlings hatch. After hatching, the juveniles tend to leave the nest at the five- to seven-week mark but are still fed by their parents for another eight to 10 weeks.

The red-shouldered hawk is

distinctively marked with barred red-toorange under parts and a visibly banded tail. At full growth, the colorful hawks possess dark-and-white checkered wings and a reddish striping on its breast. Interestingly, an adult red-shouldered hawk averages between only one to two pounds in weight.

Depending on the region on which you live, red-shouldered hawks have different color variations. In the northeast, they tend to be brownish overall. In Florida, they have pale, grayish heads, while those in California boast richer colors with a rusty head.

One of the best ways to find this species of hawk is to learn their distinctive whistle. Blue jays often mimic that *kee-rah* sound in hopes to detract it. You can also identify a red-shouldered hawk while it is in flight by its distinctive barring and translucent crescents near its wingtips, which are usually pushed slightly forward when gliding and soaring.

Red-shouldered hawks are closely associated with red-tailed hawks. People sometimes confuse the two, but red-tailed hawks are larger and bulkier than their distant cousin and have broader wings, slower wing beats and a paler underbelly. Adult red-tails usually bear a reddish top on their tails, dark-streaked bands on their stomach areas and paler wings with a dark bar on the edges.

Red-shouldered hawks are generally loners that typically migrate alone, although they sometimes form small flocks of three or more birds for migration purposes.

These birds of prey are territorial



Patient #16-2659 gets fed soon after arriving at CROW

and, once they establish residency, they become defensive and will fight to keep their space. I know from experience. Shortly after moving into a home, I exited the house onto the outdoor porch and was immediately squawked at by a red-shouldered hawk that was perched on a nearby railing. When I tried to descend the stairway, it flew by me, slapped me photo by Kenny Howell

on the head with its talons, re-perched on the bottom railing after its strike and squawked at me again in a convincingly intimidating fashion.

At CROW, an adult red-shouldered hawk was brought into the hospital last week from Fort Myers after it was found continued on page 20



### Registration Open For 5K Race To Benefit First Responders



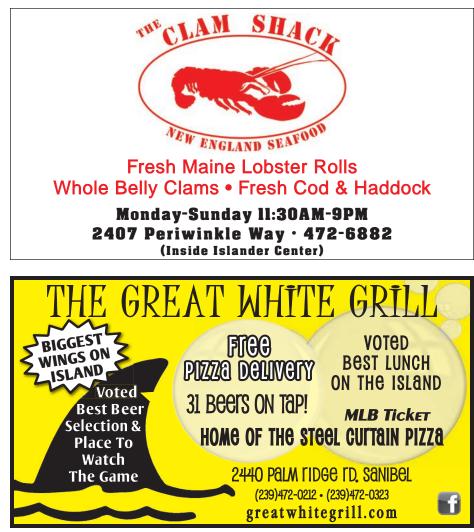
Participants line up at the start of a previous race

photos courtesy Fort Myers Track Club

R egistration for the 9th annual Cops & Joggers 5K is now available through the day of the race, slated for Saturday, October 8.

**L N** Benefiting fallen first responders, the annual Cops & Joggers 5K and Family Fun Night will take place from 5 to 10 p.m. at Centennial Park, located at 2000 West First Street in downtown Fort Myers. The 3.1-mile race begins at 7:45 p.m. with the glow of first responders' lights lining the race path, which begins and ends at Centennial Park and crosses the Edison Bridge. The family night will also include music, food vendors, emergency equipment displays and a children's fun area with bounce houses, a dunk tank and SWAT obstacle courses.

area with bounce houses, a dunk tank and SWAT obstacle courses. For more information and to register, visit the Fort Myers Track Club website at www.ftmyerstrackclub.com. Early registration fee is \$25 per adult and \$15 per youth (age 17 and under) on or before October 6. Fees increase to \$30 per





Community members can jog or walk in the 5K

person for all participants on October 7 and \$35 per person for all participants on October 8.

Last year's 5K hit a new record of 960 registered joggers and raised more than \$20,000 for local first responders who have been injured or killed in the line of duty.

duty. "We've experienced consistent growth in the number of race participants in the last few years and are grateful for returning joggers who support our cause year after year," said Lt. Jeffrey Bernice of the FMPD. "We hope to reach our new goal of 1,000 registered joggers this year and encourage families and groups, including organizations and clubs, to join in on the fun in achieving that goal." The 5K will provide only 700 goodie bags with T-shirts. Organizers will

The 5K will provide only 700 goodie bags with T-shirts. Organizers will distribute them in conjunction with the race packet pick-up day – beginning at 10 a.m. on Friday, October 7 – at Run Florida, located at 13101 McGregor Boulevard in Fort Myers. Whatever is leftover will be available on the day of the event. Once the first 700 race packets are distributed, there will be no additional goodie bags and T-shirts available. Shirt sizes vary and are not guaranteed.

The race committee will present the top three runners and walkers in their age group with custom-made Cops & Joggers race medals that feature the front of a police car with flashing emergency lights.

Sponsorship opportunities are still available from \$250 to \$1,000. Sponsorships should be reserved no later than Thursday, September 8. For more information about sponsorships or to become a sponsor, contact Denise Egolf at degolf@ fmpolice.com or 321-7723.

The Fort Myers Cops & Joggers 5K was established in 2008 to assist the family of Officer Andrew Widman who was shot and killed in the line of duty on July 18, 2008. Proceeds from the event now benefit the FMPD Fallen Officers Memorial Fund and The Brotherhood Ride, nonprofit organizations that aid the families of first responders who have been injured or killed in the line of duty, including law enforcement officers, firefighters and emergency medical personnel.



#### THE RIVER - AUGUST 19, 2016 17

### Hurricane Junior **Golf Tour Winners**



Jonah Manning photos courtesy Hurricane Junior Golf Tour

n Thursday, August 4, the Hurricane Junior Golf Tour traveled to Sarasota, Florida to host the Sarasota Junior Challenge at Laurel Oak Country Club-East. The weather was not ideal as golfers battled through the side-effects of Tropical Storm Earl. Unfortunately, the tournament was reduced to a 27-hole competition due to weather conditions. The HJGT thanks Laurel Oak Country Club staff for the allowance to host the tournament. Winners in each division received an exemption into the 2016 Tour Championship held at ChampionsGate Golf Resort in Orlando on December 3-4. The top 10 finishers also received points towards year-end honors, which include state teams, ALL HJGT teams and the Hurricane Cup. Once the first group was sent off hole 1, the players were ready for their chance to fight for their first place trophies.

#### Boys 16-18 Division

Jonah Manning of Fort Myers was the champion in the boy's 16-18 division. Manning was able to take first place after shooting an impressive even par 72 for round 1 and just 1 over 37 for round 2. He recorded a division high five birdies, 16 pars and six bogeys for 27 holes of competition. Following close behind Brown was Dalton Plattner (Sarasota), who shot a 83-38 in rounds 1 and 2 respectively. Plattner tied for second place with YuXuan (Daniel) Song (China), who shot 81-40 for a total of 121

#### **Boys 14-15 Division**

Jack Ohara of Longboat Key, Florida took home first place in the boys 14-15 division. Ohara had a very



#### Jack Ohara

solid 27 holes with a division best of 74 (rd. 1) score. He led the division with 21 pars, two birdies, and just four bogeys to defeat second-place finisher Finn Deutz (Sarasota) by nine strokes. Ohara's strong mental game by staying focused throughout the tough course conditions, tougher weather conditions and determined competition throughout his division helped lead him to victory. Girls 14-18 Division

Anne Yu (ChampionsGate) came

in first place with an impressive and tournament best score of 3-under with a total of 105. Yu played a near flawless tournament-carding 22 pars, four birdies and a bogey. She had tough competition coming from second place winner Nicole Felce (Holiday, Florida), who finished the 27 holes at 113 (+5). Not far behind Felce was Holly Davenport (Palm City, Florida) who finished the event at 9 over par (117). Yu dominated every category of statistics in this event including total pars, birdies, and scoring average on par 3s, 4s, and 5s. Clearly the unfortunate weather did not phase her from performing well!

#### Boys 11-13 Division

Carson Enright from Longboat Key, Florida led the 27 holes wire-to-wire with a two-day total of 117. Enright began round 2 with a one-stroke lead over third-place finisher Oliver Warren (Lakewood Ranch, Florida) and finished one stroke better than the second-place winner Wei Huang (Hangzhou, China). He showcased his mental toughness and consistent ball-striking by edging out his competition for the coveted firstplace trophy.

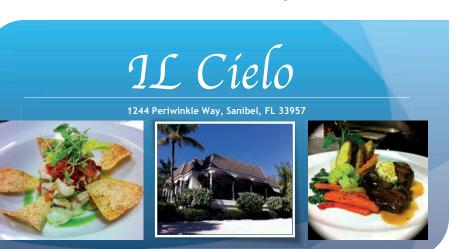
For more information regarding the 2016 HJGT Tour, visit www.higt.org, call the Hurricane Junior Golf Tour headquarters at (904) 379-2697, or email info@hjgt.org.☆





Anne Yu

**Carson Enright** 



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### Tight Olympic Golf Competition Could Catapult Interest in The Sport



by Ed Frank

he excitement of golf returning to the Olympic Games for the first time in 112 years raises the question whether it will create the needed spark to grow the game with new players and fans.

It's no secret that golf has been in a sharp decline for the last decade, with hundreds of courses closing and play dropping by nearly 20 percent.

But if you've been watching the Olympic competition for the last two weeks with 60 male golfers from 35 countries and 60 women from 33 countries vying for Olympic gold, it certainly has provided a positive image for the "grand old game." And all 120

athletes will now be known as Olympians – a title absent for 11-plus decades.

Last Sunday's victory by Justin Rose of Great Britain to earn the gold medal was as exciting - maybe more exciting -- then, for example, a Masters, Ryder Cup or U.S. Open championship. When he dropped his winning put on the 18th hole and thrust his fist into the air in exuberance, he celebrated for his country.

Joining Rose on the medal stand was Sweden's Henrik Stenson, last month's British Open champion, and bronze medal winner Matt Kucher of the United States, who shot a stirring 63 on the final day.

That final round on Sunday brought a sellout crowd to the Olympic Golf Course

### Motorcycle Ride To Honor Friend's Legacy

otorcyclists across Florida are invited to take part in the 30-mile TV I trip around Lee County to raise funds for Abuse Counseling and Treatment, Inc. (ACT) in honor of David Barbur, a former Sunrise Rotary Club Rotarian and ACT board member who led a remarkable life of service in the Fort Myers community.

The ACT Motorcycle Ride will take place Sunday, August 21 and will raise funds for ACT to continue providing meaningful program services to victims and survivors of domestic violence, sexual assault, and human trafficking in Lee, Hendry and Glades counties. The ride is \$20 per person.

This year's event sponsors include Captiva Island restaurant Keylime Bistro and Six Bends Harley-Davidson.

The motorcycle ride will begin with registration starting at 8:30 a.m. and "kickstands up" at 9:30 a.m. at the Six Bends Harley-Davidson located at 9501 Thunder Road in Fort Myers, and end at the Keylime Bistro restaurant on 11509 Andy Rosse Lane on Captiva Island. The ride will wrap up with an assortment of brunch items, including fresh fruit, quiche, Keylime Bistro homemade corned beef hash and key lime pie.

"ACT is so appreciative to work with both Keylime Bistro and Six Bends Harley-Davidson to promote a peaceful ride in honor of the legacy our friend David Barbur left behind of caring for survivors of domestic and sexual violence, as well as human trafficking," said Jennifer L. Benton, chief executive officer with ACT. "We hope to raise at least \$5,000 this year for critical infrastructure projects."

For more information or to register for the event, contact Jennifer L. Benton at 939-2553 or visit http://www.actabuse. com/event/motorcycle-run-the-5thannual-david-barbur-bikers-brunch/.

that was built for the Olympics and will be open for public play at the conclusion of the games. Brazil, a country of 200 million people, reportedly has less than 20,000 golfers. Many of the fans that first flocked to the course to watch the competition admitted they really didn't understand the game.

That changed quickly.

This week, many of the top women golfers in the world, led by No. 1 Lydia Ko of New Zealand, are competing. The United States is represented by Florida's Lexi Thompson, Stacy Lewis and Gerina Piller.

Many were disappointed that top golfers Rory McIlroy, Jason Day, Jordan Spieth and Dustin Johnson opted to skip the 2016 Olympiad. Those golfers probably regret those decisions in view of the excitement generated on the Rio links.

Golf returned to the Olympics this year on somewhat of a trial basis. It will be played again in golf-crazy Japan in 2020, but a decision will be made afterwards if the sport will become permanent in the Olympics.

The interest and results generated in Rio should make that decision easy.

#### Boston's Mookie Betts Links Name With Ted Williams

Last Sunday, Red Sox outfielder Mookie Betts hit three home runs and drove in a career-best eight runs, joining late Hall of Famer Ted Williams as the only Boston players in more than 100 years with a pair of three-homer games in the same season. Williams accomplished this feat in 1957.

Betts' slugfest led the Red Sox to a 16-2 romp over the Arizona Diamondbacks. He began the week with a .313 batting average and 26 home runs for the season, matching teammate David Ortiz with the club lead in homers.

#### **Miracle Face Jupiter This Weekend In Crucial Series**

The Fort Myers Miracle host first-place Jupiter this weekend at Hammond Stadium in a three-game series crucial to the team's postseason hopes.

The Miracle began the week three games behind Jupiter in the Florida State League South Division with a second-half season record of 25-24.

Fort Myers must win the second-half division title in order to reach the playoffs and the opportunity to win the league championship.3

#### **SPORTS QUIZ**

- 1. Who was the last batter to open the All-Star Game with a home run before the Angels Mike Trout did it in 2015?
- 2. In 2014, Jordan Zimmerman became the first pitcher to have a no-hitter for the Washington Nationals. When the franchise was in Montreal, how many no-hitters did it have?
- 3. Tony Mandarich was the second pick in the 1989 NFL Draft. The other four players in the top five are in the Pro Football Hall of Fame. Name them.
- 4. Of the nine times the Michigan State men's basketball team has reached the Final Four, how many have been under current coach Tom Izzo?
- Who was the youngest NHL team captain since 1900 to win the Stanley Cup? 6. When was the last time before 2016 that North Carolina won an NCAA Division I
- Men's Lacrosse Championship?
- 7. Name three of the four golfers before Bryson DeChambeau in 2015 to win the U.S. Amateur and NCAA individual title in the same year.

#### ANSWERS

I. Cincinnati's Joe Morgan, in 1977. 2. Four -- Bill Stoneman (1969, '72), Charlie Lea ('81) and Dennis Martinez ('91). 3. Troy Aikman (No. 1), Barry Sanders (No. 3), Derrick Thomas (No. 4) and Deion Sanders (No. 5). 4. Seven (1999, 2000, '01, '05, '09, '10, '15). 5. Sidney Crosby was 21 when Pritsburgh won the Stanley Cup in 2009. 6. It was 1991. 7. Jack Nicklaus (1961), Phil Mickelson (1990), Tiger Woods (1996) and Ryan Moore (2004).





### Campaign Helps Make Wishes Come True



Dress up for the Wear Your Wish campaign

photo courtesy SWFL Make-A-Wish

Make-A-Wish Southern Florida is hosting a social media campaign, entitled Wear Your Wish Wednesday, on Wednesday, August 31. This day-long event is intended to celebrate the power of a wish.

Foundation chapter staff and volunteers invite businesses, co-workers, classmates, schools, hospitals and individuals to think like a wish child and dream of their own heartfelt wish, then dress accordingly to participate in Wear Your Wish Wednesday.

There are four categories that participants can use as inspiration: I wish to be; I wish to go; I wish to have; and I wish to meet.

Participants are asked to post a photo of themselves on social media using the hashtag #WearYourWish. Dreaming big and being creative will help the campaign be more successful. A suggested minimum donation of \$5 will help as well. Donations will help grant future wishes and may be made online at http://site.wish. org/goto/wearyourwish.

Proceeds will help ensure that every medically eligible child receives a wish, which offers a much-needed retreat from doctors and hospitals, helping them focus on just being a kid again.

For additional information or questions, contact Taylor Marini at 992-9474 ext. 23 or tmarini@sflawish.org.

Make-A-Wish Southern Florida grants the wishes of children with lifethreatening medical conditions to enrich the human experience with hope, strength and joy. The Southern Florida chapter grants a wish every 16 hours and has granted more than 10,000 wishes since its inception in 1983. The chapter's vision is to make every eligible child's wish come true.

### From page 14 Wonders Of Water

a boat ride, collecting water samples for research purposes, learning about the sea life they encountered, and gaining a personal appreciation for the water and wildlife that are right out their back doors.

"Even though the students live close to local beaches and shoreline, many never have an offshore experience. We were excited to bring our passion and knowledge for the local waters and wildlife to the program participants," said Evelyn Stewart, an owner of Adventures in Paradise. "Our staff of excellent naturalists, guides and captains had a great time sharing their expertise with the kids. From our viewpoint, the program was a success and we hope to make the WOW program an experience the kids will eagerly anticipate each year."

"The kids and the staff consider the WOW program the best field trip experience they have ever had," added Debra Mathinos, director of lifelong learning at the Heights Center. "They loved being on the water, in a boat, catching and touching the sea life they collected. The kids' reactions were priceless, and I know the staff had just as much fun as the campers did. We hope we can continue the program next year."

Our email address is press@riverweekly.com



Sandpebble 2 Bedrm 2nd floor overlooking Sanibel River to golf course, beach across street. Fully equipped. \$424,900



Casa Ybel Resort Beach-front Cottage Colony West condo. Amazing income in on-site rental program where they do it all. \$649,000



Easy Living in The Dunes Large comfy lake-front pool home. Great room has floor-toceiling windows, wood floors, vaulted ceiling. \$849,000



Sanibel Moorings 2 Bedrm 2nd floor in garden. Currently getting bath updates, new hot water heater, & balcony restoration. \$449,000



Lighthouse Point 3 Bedrm Residential east-end community. Easy-access walkout with bay views, just steps to beach. \$649,000



Sanibel Surfside 2 Bedrm Facing gulf beach, decorated in cheerful beach-chic décor. Bright white remodeled open kitchen. Income too. \$874,000



**Big Coquina Beach Unit** 2 bedrms at main living level, plus upper loft. High ceilings in great room. Excellent rental income. \$499,000



Sand Pointe 2 Bedrm Well-equipped rental with updated baths & kitchen. Complex now getting new balconies. \$749,000



Lakeside 5 Bedrm Private spacious Periwinkle Properties pool home with elevator, fireplace, & huge family room. \$899,000



6 Minute Walk to Beach Easy-living 3 bedrm with pool on Rabbit Rd. Clean as a whistle, nicely updated, & with winter rentals. \$548,000



Loggerhead Cay 2 Bedrm Top-floor, this view. Well established rental, should gross \$60K this year. New kitchen. \$598,300



Nutmeg Village 2 Bedrm Gulf views from every room & bright open kitchen. Top-floor residential condo. Beachside amenities \$799 000



Sundial 2 Bedrm + Den Top-floor corner gulf-view remodeled seasonal-rental. Seller may contribute to future assessment \$799.000



#### 20 | THE RIVER - AUGUST 19, 2016 Financial Focus

### Act Today To Avoid Financial Regrets Tomorrow



by Jennifer Basey

rank Sinatra, one of the most famous entertainers of the 20th century, did things his way, but he was also familiar with remorse. He's not alone, of course. We all deal with

regrets, and financial ones are among the most troublesome.

Here are the leading financial regrets, according to a recent survey by Bankrate.com, along with some suggestions for avoiding them:

• Not saving for retirement early enough – This was the top regret expressed by survey respondents. Saving and investing early for retirement offers you two key benefits. First, the more time you give growthoriented investments, the greater their growth potential. And second, by saving and investing for retirement early in your career, you will likely need to put away less money each year than you would if you waited until, say, your 40s or 50s. So, if you aren't already doing so, contribute as much as you can afford to your IRA and your 401(k) or similar employer-sponsored plan. And increase your contributions every time your salary rises.

• Not saving enough for emergency expenses – You can't plan for all expenses. Your furnace might die, your car may need a major repair, you may incur a sizable doctor's bill. The list goes on and on. If you don't have the money available to meet these costs, you might be forced to dip into your long-term investments. That's why it's important to maintain an emergency fund, containing three to six months' worth of living expenses, in a liquid, low-risk account.

• Taking on too much credit card debt – If you don't overuse your credit cards, they can be handy and helpful in many ways. Try to keep a lid on your credit card debt, keeping in mind that your debt payments reduce the amount of money you have available to invest for your long-term goals, such as a comfortable retirement.

Not saving enough for children's education – This may be perhaps the most difficult regret to address. After all, it's not easy to save for your own retirement and simultaneously put money away for your children's college educations. However, if you can afford to save for college, try to do so in as advantageous a manner as possible.

• Buying a bigger house than you can afford – If you tie up too much money in mortgage payments, you will have less to contribute to your various retirement accounts. And while home equity certainly has some value, it generally does not provide you with the same liquidity – and probably not the same potential for growth and income – as an investment portfolio that's appropriate for your needs and risk tolerance. So, think carefully before purchasing that big house. You might be better served by scaling down your home ownership and ramping up your investments.

You can't avoid all the doubts and

misgivings you'll encounter at various stages of your life. But if you can reduce those regrets associated with your finances, you could well increase your satisfaction during your retirement years.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@ edwardjones.com.

### New Member Joins Tourist Development Council

The Lee County Board of County Commissioners (BOCC) recently named Brian Kramer as the latest member of the Lee County Tourist Development Council (TDC).

As general manager of the Hyatt Regency Coconut Point Resort & Spa in Bonita Springs, Kramer is responsible for all operations of the resort. His 26-year career with Hyatt spans managing hotels in New York City, Washington, DC, Boston, Connecticut and Maryland. Five years ago, he was the opening general manager of the Hyatt Regency Clearwater Beach Resort & Spa where he won many accolades, including General Manager of the Year for Hyatt Hotels and Resorts and Tourism Person of the Year from the Clearwater Regional Chamber of Commerce.

Originally from New York, Kramer serves on the board of directors of the Bonita Springs Chamber of Commerce, the Lee County Hotel Association, and the Florida Restaurant and Lodging Association of Southwest Florida. In addition, he sits on the directors council of FGCU's School of Resort and Hospitality Management.

Kramer will serve as an ex-officio member representing the Lee County Hotel Association. He replaces Jeff Webb on the TDC.

The nine-member TDC was established by the BOCC in 1983 to increase tourism to Lee County  $\overset{}_{\times}$ 





From page 15

trapped in a warehouse for several days. The bird arrived emaciated and mildly dehydrated and was immediately fed and given water. The diagnosis revealed no wing injuries, so it was moved to the small flight enclosure a day later to allow exercise.

CROW veterinary staff stated the hawk was bright, alert and "very feisty" upon arrival. It weighed 342 grams – just under one pound – and probably could not find food or water during its closed-in stay at the warehouse, an undetermined time.

CROW officials say that, since arrival, their patient has been receiving continued care, involving more food and water to increase its weight. The speedy recovery should enable the hawk to be released soon.

According to the CROW veterinary staff, "The hawk is currently doing very well. It's eating all of its meals and flying with no complications."

Remarkably, red-shouldered hawks are fairly common as patients at the Sanibel wildlife hospital. This marks the 41st to be treated in 2016 alone.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.\*\*

### Biology Professors Attend Workshop And Conference



Dr. Robert Furler

Florida SouthWestern State College (FSW) Microbiology Professor Dr. Robert Furler and Biology Adjunct Professor Dr. Jean Labriola-Scholz recently attended the Council on Undergraduate Research's (CUR) Research Experiences in Introductory Laboratory (REIL) Biology Workshop in Tampa. Their participation was funded by a scholarship from the National Science Foundation.

The CUR-REIL Biology Workshop and Conference provides researchers and educators the opportunity to share ideas and practices and develop new ways to introduce undergraduate research into their biology classes.

Dr. Furler and Dr. Labriola-Scholz both conduct HIV research and collaborate to bring undergraduate HIV research opportunities to FSW students. They presented the poster, Teaching Intro Bio by Investigating the HIV/AIDS Epidemic, to conference attendees to share their methods.

photos courtesy FSW



Dr. Jean Labriola-Scholz

"Students in two-year and state colleges may not have the same experience with scientific research as students in universities," Dr. Furler said. "By incorporating undergraduate research into our programs at FSW, we are giving these students the exposure they might not have otherwise."

"The conference helped provide us a framework to implement an introductory biology lecture and lab option into our classes," Dr. Labriola-Scholz added. "Now we have a better notion of how to extend several aspects of "real" research in HIV/AIDS to introductory biology students.<sup>\*</sup>





K. Alex Daneshmand photo courtesy LMHS

### Children's Hospital Appoints Medical Director

Alex Daneshmand, DO, MBA, has been promoted to system medical director of clinical quality and safety at Golisano Children's Hospital of Southwest Florida. In his new role, Dr. Daneshmand collaborates with other leaders and clinical departments to advance pediatric

#### THE RIVER - AUGUST 19, 2016 21

operational performance and improve the effectiveness of inpatient medical care. Additionally, using clinical data, Dr. Daneshmand works with medical staff and nursing to identify, redesign and improve process variations in clinical quality and safety.

Dr. Daneshmand joined Golisano Children's Hospital of Southwest Florida in 2007 as a physician in the pediatric intensive care unit. During his tenure with the hospital, he also served as medical director of the pediatric procedural sedation center, on the oversight system medical staff quality services committee and as chairman of the pediatric medical staff quality committee. Dr. Daneshmand began his role as part-time medical director of quality in August 2015, and assumed the role in a full-time capacity in June 2016.

"During the short period in his part-time position, Dr. Daneshmand developed a quality scorecard for all units within the children's hospital, and organized multiple quality subcommittees to reduce infection and hospital acquired conditions at Golisano Children's Hospital," said Chuck Krivenko, MD, chief medical officer, clinical and quality services for Lee Memorial Health System. "Now, as full-time system medical director for the children's hospital, Dr. Daneshmand acts as a resource to all clinical leadership in promoting common goals of patient safety, excellent clinical outcomes and improved quality of care."25





Craig R. Hersch Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA "Will Power" Columnist, *The Island Sun* 



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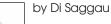
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#### 22 THE RIVER - AUGUST 19, 2016 **Book Review**

### In The Unlikely Event





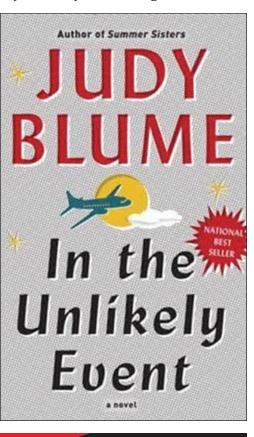
udy Blume's latest book, In The Unlikely Event, is her first novel for adults in 17 years. In it, she revisits a time when three planes crashed in eight weeks in her hometown of Elizabeth, New Jersey. The story is told through numerous

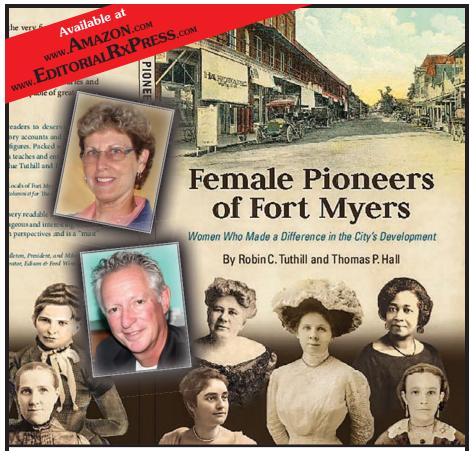
characters but the focus is on Miri Ammerman, a ninth-grade Jewish girl whose life, and

that of those around her, are derailed by the crashes. She lives with her 33-year-old mother Rusty, who won't tell her the truth about her father. Her grandmother Irene, is another strong influence in Miri's life as is her friend Natalie and her boyfriend, Mason.

The first crash is December 16, 1951, killing all 56 people on board. The second, on January 22, 1952, kills all 23 on board including former Secretary of War Robert Patterson and seven people on the ground. Three weeks later, on February 11, a plane crashes into a four-story apartment building after take-off. Of the 63 on board 29 were killed along with four on the ground.

Miri and her friends witness the crashes and along with the entire community, try to find a reason as to why this has happened. Miri's uncle Henry does his best to cover





"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too.<sup>3</sup> Gerri Reaves, PhD, author of Legendary Locals of Fort Myers and Fort Myers, Then & Now the events in the local paper. We learn how the crashes change the people in this community

Blume uses newspaper reports to help tell the story. She starts the novel 35 years later and then fast-forwards to 1951, coming back to present day at the end of the novel. The characters lives become important to the reader. Devastating secrets are uncovered. We feel the pure shock of these events and pray we reach our desired destinations.

Blume talks of a time when we heard Kate Smith sing on television, listened to Walter Winchell on the radio, homes had Encyclopedia Britannica lining their bookshelves, girls smelled of Noxema, wore Pixie Pink lipstick, knitted argyle socks for boyfriends and danced to Nat King Cole. It brings back a lot of memories including A-bomb hysteria and rumors of Communist threat. Through it all, one generation reminds another that life goes on.

In The Unlikely Event is a gripping novel that makes for great book club discussion. I know, my group just talked about it.

### School Smart



ear Shelley, We had lots of academic

stress at our home last year with three kids in high school. They are good students and want to do well.

They go to school in a very competitive environment and it's tough on them. What do you suggest? Kristin B., Fort Myers

Kristin,

High school students do experience a great deal of stress academically and socially. Working to reduce the stressors is very important. There are some things that parents can do as school starts to create a plan with your children to combat stress.

First of all talk about their last school year. Have some conversations about how your teens managed stress last year and evaluate what worked and didn't work. Take some time to assess how your kids have dealt with stress in the past since everyone deals with stress and anxiety differently. For example sometimes teens internalize their stress more and may need to do a calming activity, like reading a book. Others may externalize stress and would benefit from an activity like running. Helping them to identify successful stress busting strategies before things get too overwhelming will go a long way in setting them up to succeed.

Families can also talk about what changes their children should make in the upcoming year, perhaps studying earlier in the evening to ease the pressure from procrastinating, for example. If the kids don't follow through come fall, parents could gently remind them about the decisions they had made in the summer to help make changes.

Encourage teens to work on academic trouble spots and get help early on. Sometimes anxiety may stem from a particular skill students haven't mastered yet, or an inability to demonstrate those skills on a test or project. Identify those stumbling blocks and get help from teachers or tutors to master any skill deficits that are creating stress and anxiety.

Here are three tips that can help parents promote healthy study habits with their teens as they head back to school:

• Set a schedule - Studying should be part of your student's daily routine, not something he or she tries to cram in the night before a test. Research clearly indicates that students should parse out their study time over the course of the week, rather than letting due dates dictate their study time. Students (and parents) should keep a calendar of due dates and major deadlines to serve as a visual reminder of what needs to be accomplished long term.

• Eliminate distractions – Cell phones, Facebook, and TV can quickly interrupt a productive study session. Help your teen's temptation to tune in, text, or update their status by reminding them to shut down any unnecessary electronics during scheduled study times despite how difficult it is to do so.

• Schedule study breaks as needed - Maintaining focus during a two or three hour study session may be very challenging, so know your teen's limits and help them divvy up study time effectively. You might even suggest a break time or bring them a snack, a cold drink or just stop by their room to say hello and give encouragement at times when a break would be beneficial.

Teens put a lot of pressure on themselves to excel during the school year, so make sure your kids to take time to relax and explore other activities that are not stressful. Students cannot perform well unless they are healthy mentally.

Learning how to handle stress is a part of growing into a successful adult. And while children should know their parents are there for them, parents shouldn't solve problems for their kids or put more pressure on them. You can be their safety net but give them the tools they need to be successful on their own as independent individuals.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.☆

### New Member Joins Board



Shelly Church

The Southwest Florida office of the American Heart Association announced that Shelly Church, CFP, senior vice president, investments at Raymond James, joins Sally Jackson, system director/government and community relations for Lee Memorial Health System, on the American Heart Association's Greater Southeast Affiliate (GSA) board of directors for the 2016-17 fiscal year.

Church, who lost her son Kyle at age 18 to heart disease, is a passionate



photos courtesy American Heart Association

advocate for the organization and has served in numerous leadership over the past 21 years, including chapter president of the board, Heart Walk chairman (twice), SWFL Heart Ball's Open Your Heart chair and as a member on the SWFL chairman's board. She is consistently a top fundraiser for the Collier Heart Walk, setting national fundraising benchmarks for the Southwest Florida market. In fact, she has raised more than \$760,000 during the course of her involvement in the walk. Additionally, Church helped launch the Go Red For Women campaign in the Southwest Florida market.

Church joins Jackson who moves from advocacy chair to secretary/treasurer and chair, business operations committee on the 2016-17 board. Jackson recently served as the local Go Red For Women campaign chair, overseeing the successful event.

The Greater Southeast Affiliate of the American Heart Association serves Alabama, Florida, Georgia, Louisiana, Mississippi, Tennessee and Puerto Rico.

### Golden Baby Shoe Awardees Announced

The Golden Baby Shoe Awards honors individuals who show outstanding contributions to improving the health and well-being of pregnant women or babies throughout Collier, Glades, Hendry and Lee counties. The Golden Baby Shoe Award Gala will be held on Saturday, August 27 from 6 to 9 p.m. at Shadow Wood Country Club, 22801 Oakwilde Boulevard in Bonita Springs. The keynote speaker will be Celeste Philip, MD, MPH, surgeon general and secretary of the Florida Department of Health.

For tickets or more information, visitGoldenBabyShoe.org The event is hosted by the Healthy Start Coalition of Southwest Florida in partnership with the Golisano Children's Hospital and Naples Community Hospital as title sponsors. Awardees are:

Lifetime Achievement Award:

Board members assist the nonprofit organization in achieving its 2020 impact goal to improve the cardiovascular health of all Americans by 20 percent while reducing deaths from cardiovascular diseases and stroke by 20 percent.

For more information on the American Heart Association, including volunteer opportunities, visit www.heart. org or call 495-4900.

• Ahmed Barhoush, MD, OBGYN, AH Barhoush PA

Golden Baby Shoe Awardees: • Estela Aguilar, Help Me Grow Community Liaison, Healthy Start Coalition of Southwest Florida • Ivette Galarza, MSW, Head Start

director of operations, Redlands Christian Migrant Association • Lanise Laurent, BS, CCHW,

• Lanise Laurent, BS, CCHW, healthcare educator consultant, Florida Department of Health Collier County

Denise Rivera, RN, BSN, labor and delivery nurse, NCH Healthcare System
Delilah Edwards, BSN, RN,

IBCLC, OB educator, Lee Memorial Health System Cape Coral Hospital

• Lizbet Perez, WIC diet technician WIC, Florida Department of Health Hendry County

 Laarni West, MPH, RN, nursing program specialist, Florida Department of Health Collier County

 Melanio Villarosa, MD, pediatrician, Hendry Regional Convenient Care Center
 Dana Crater, MD, pediatrician, Mackoul Pediatrics.<sup>3</sup>

### FGCU Offers Program For Business Startups

This fall, Florida Gulf Coast University (FGCU) students will be provided new tools to turn their start-up ideas into real businesses. Sponsored by the State of Florida Department of Economic Opportunity, the FGCU Institute for Entrepreneurship's Runway Program begins on September 12. Interested students can apply for this opportunity now at http://bit.ly/2aBrcB3. Early applications will be given priority in the review process, and all applications must

be submitted by September 5. FGCU Institute for Entrepreneurship's Runway Program is a start-up incubator exclusive to FGCU's aspiring student entrepreneurs. The purpose of the program is for students to work on building new companies with extensive help from entrepreneurship faculty and mentors. The program will be housed at FGCU's Emergent Technologies Institute (ETI), located on Alico Road. All currently enrolled FGCU students may apply to be considered for the 12-week, fall semester program to expand their knowledge and resources of starting their own business. There are no restrictions on the type of business being pursued. All members of student teams must complete an application.

The Runway Program will be open to students in any major. Students are required to complete a minimum of 10 hours per week working in the incubator, as well as a minimum three to five hours per week outside of the incubator. Students are expected to complete a launch plan as part of the program.

At the end of the program, students will pitch their ideas to an investment committee who will determine which teams will be eligible for a grant to be used to accelerate their business. Upon completion, the teams selected will compete in the Governor's Cup and other venture competitions across the state. The committee will also select two teams that will be granted free office space for one year at the Naples Accelerator building located in Naples.

This is an opportunity that the Institute for Entrepreneurship will provide to students at no cost, thanks to grant funding.

"What I am most excited about is that we can provide our students without any cost to them this unique opportunity to support them through our expertise, mentorship and the latest technology to start their business while they are at FGCU," said Director for the Institute for Entrepreneurship Dr. Sandra Kauanui.

The Runway Program is also set to provide approximately 15 paid student internships. Student interns will work in the incubator, or on the Institute's work within the Lutgert College of Business.

Interested students in an internship opportunity should submit a brief cover letter and resume to Amy Ridgway via email at aridgway@fgcu.edu. 🛠 TWO OF THE WORLD'S MOST EXPERIENCED REGENERATIVE PAIN MEDICINE EXPERTS AT YOUR SERVICE

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### Attack On Natural Remedies Makes Me Mad



by Suzy Cohen, RPh

**D**Readers: I was aghast after reading the Consumer Reports post which just revealed 15 herbs which they feel are dangerous for you. Their headline reads "15

Supplement Ingredients To Always Avoid" and goes on to say, "These supplement ingredients can cause organ damage, cardiac arrest and cancer."

Man, that just scares the bejeebers out of you, doesn't it?

Success – that is their goal! It's intent is to spark anxiety about natural remedies. It is so superbly crafted that it will terrify tens of thousands of you into the arms of white coat professionals who can prescribe medications, which are obviously safer because they are FDA-approved.

(Yes, I'm being sarcastic again, don't you know me by now?!)

As an example, *Consumer Reports* includes green tea (*Camellia sinensis*) on their "dangerous" list because it is found in weight loss aids. They say green tea powder may cause you to experience "dizziness, ringing in the ears... glaucoma... elevated blood pressure/heart rate, liver damage and possibly death."

That is green tea you realize right? Green Tea! I'm not suggesting that these potentials don't exist, or that you don't have to worry about side effects at all (because you do), but I'm convinced that the weight loss medications are more dangerous. Maybe that's just me – I'm a pharmacist remember? I have access to those long and boring package inserts that come folded up and when you unfold them and read them, you'll need a magnifying glass to read all the potential disasters that could occur.

So they're telling you that green tea is dangerous, and they list "possibly death" as a risk.

Nowhere in this article did they mention that in 1997, one of the most horrific drug recalls ever to occur happened with weight loss drugs. Google "fen-phen" and you'll learn that fenfluramine and dexfenfluramine were yanked because they destroyed heart valves and led to strokes and heart attacks. This problem, unfortunately, could occur in people years after stopping. Yet, they list green tea as causing "possibly death."

Comfrey root was another one on their list where the benefits claimed were "relieves cough" and "treats cancer." Comfrey has been used for centuries, and is considered very safe by herbalists, yet *Consumer Reports* posted "possibly death" for that herb, too. Come on! Chemotherapy is the medication alternative to treating cancer.

If you are interested in the 15 supplements they named, and you'd like to know the drug(s) that could be used instead of these "dangerous ingredients," sign up for my newsletter and I'll send a brilliant piece I wrote that includes medications which work in place of 15 herbs so you can see what is supposedly safer.

### PACE Center To Hold Gala In October

ACE Center for Girls of Lee County will present its inaugural Boo Ball fundraiser at the Sidney & Berne Davis Art Center in downtown Fort Myers on Saturday, October 22, beginning at 6:30 p.m. Proceeds from the spooktacular soiree will support the PACE Center's mission to provide girls and young women an opportunity for a better future through education, counseling, training and advocacy. Co-chairs are Sonya and Brian Sawyer and Amy and Stephen Sanford, with Sandy Stilwell serving as the honorary chair.

Kicking off the center's 10th anniversary, the Boo Ball will be the

### Mom And Me



#### by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a twogenerational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

We were thrilled when our daughterin-law told us she was pregnant with her second child. The medical procedure she had to help her become pregnant worked.

However, three months later we were told the heart-breaking news that all the tests showed their child would be severely handicapped.

The doctors told her an abortion would be available to her if she decided to go that route.

It is against our religious beliefs to even consider an abortion, so now it is being No matter how bad herbal ingredients are painted with scary warnings that are scrounged up, some medications carry the same exact warnings. It's not my opinion, a quick look at their patient package insert will prove it.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.\*\*

first and only formal event PACE Center for Girls of Lee County has hosted, providing a creative opportunity for the community to show its support. The Halloween-themed evening will include a live auction, with travel opportunities and experiences up for bid, along with a Pass the Pumpkin auction item, featuring unique items donated by community members and guests in attendance. Funds raised during the auction will directly support PACE Center for Girls of Lee County.

Donations for the auction and Pass the Pumpkin are being accepted, and in-kind sponsorship opportunities are available for businesses and members of the community. For more information, contact Sara Jordan at sara.jordan@ pacecenter.org or 425-2366 ext. 2312.

For more information on PACE Center for Girls of Lee County, visit www.pacecenter.org/locations/lee.\*

left to God to give us the strength we need.

My daughter-in-law, our son, her parents and my husband and I are all going through a terrible, worrisome time. Do you have any suggestions to help

us cope? Sylvia

#### Dear Sylvia,

I am so sorry about this developing problem. It is only in recent years that families know in advance about the condition of a developing child.

condition of a developing child. Handicapped children are accepted in many families with open arms and love; in others, it is extremely difficult. It is difficult for mothers, fathers, siblings and grandparents. Many marriages cannot survive and the financial costs can be enormous.

It is time for you to come to terms with your own feelings and ask yourselves if you can accept the burden and the responsibility.

Professional counseling by a licensed mental health professional may help you consider all of the available options.

Lizzie

#### Dear Sylvia,

I am sorry to hear about your family situation. Just as our ethics, morals and beliefs guide our behavior and actions, the same ethics, morals and beliefs provide comfort and support during difficult times. I cannot even begin to understand the journey ahead for your family. My thoughts are with you all.

Pryce Lizzie and Pryce's email address is momandmeaging@hotmail.com.‡

### Sleep, Pain And Chronic Insomnia



by Ross Hauser, MD and Marion Hauser, MS, RD

hronic insomnia is a problem for many people. When we fall asleep, we enter into stage I and II sleep, which is a very light sleep. After approximately 90 minutes, we enter stages III and IV, or deep sleep. It is during deep sleep that hormones, like growth hormone, are secreted. These are necessary for the body to repair itself. If we do not enter the deep stages of sleep, the ability to repair injured tissue is hampered. More that 50 percent of body weight is muscle tissue. It is imperative for the body to repair this muscle tissue from its daily use during the deep stages of sleep. If this is not accomplished, the end result is muscle aching. Do you see the cycle?

We have localized pain, such as neck pain, that does not resolve. Eventually, the chronic pain promotes chronic insomnia. The chronic insomnia leads to a decrease in the body's ability to repair itself. This triggers pain to move to other parts of the body, prompting more insomnia. The vicious cycle continues. In seven days of non-restful sleep, previously healthy people have been shown to have symptoms similar to fibromyalgia.

If you have chronic insomnia that began due to a pain complaint such as neck pain or another painful joint, Regenerative options may help the problem without medications or surgery. If your chronic insomnia is due to a marital problem, job stress or other psychological issues, then these are the areas that need to be addressed. Everyone should find a way to reduce their stress levels, though we all experience stress in our lives. Exercise is the best natural way to reduce stress, as well as help your body attain the deep sleep it is craving.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.☆

THE

### PETS OF THE WEEK

Hello, my name is Riley. I'm a 3-yearold neutered hound mix and am one handsome hound! If you love hounds, you will see that I have lots of hound characteristics. I'm excited and have a real zest for life and a high energy level. If you love hounds, you'll love me and I'll keep you laughing and make your life interesting.

Adoption Fee: \$15 (regularly \$75) during Animal Services' Olympic Pet Adoption Deals.

Hi, I'm Dora. I'm a 2-year-old spayed female domestic short hair who is lovable and gets along with every cat I've ever met. I also have a beautiful, shiny black coat. You will have a special opportunity to adopt me and my black cat friends because Animal Services is celebrating Black Cat Appreciation Day the entire week from August 15 to 20. Don't forget all cats are two-for-one adoption fee.

Adoption Fee: \$10 (regularly \$50) during Animal Services' Black Cat Appreciation Special and just \$5 on Black Cat Friday, August 19.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www. LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.⅔

### PAWS Of Sanibel Remy

Two-month-old Remy needs a new home. She was recently adopted to a loving family, but it turns out that two family members are allergic. She's black with green eyes, loves to be petted, sweet as can be and so cute.

To adopt Remy, call PAWS volunteer, Renae, at 671-1981.%

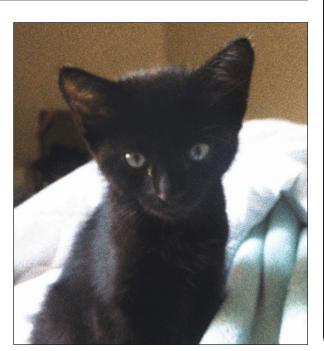
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Riley ID# 594836



Dora ID# 664429



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Emergency.	
Florida Marine Patrol	
Florida Highway Patrol.	278-7100
Poison Control	00-282-3171
HealthPark Medical Center	0-936-5321
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce.	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Visitor & Convention Bureau	338-3500
ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	
Art League Of Fort MyersBarbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre.	772-5862
Edison Festival of Light	334-2999
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111 172-6862
SW Florida Symphony	. 418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321
CLUBS & ORGANIZATIONS Angel Flight	
Angel Flight	4AIN-AINGEL 731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Stamp Club	542-9153
duPont Company Retirees	
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter2	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy. Friendship Force Of SW FL	728-3743
Garden Club of Cape Coral	39-257-2654
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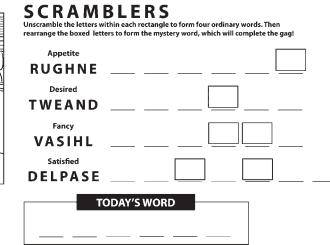
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Find the listed words in the diagram. They run i directions forward, backward, up, down and dia	
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we say a prayer before AND after dinner."

answer on page 29



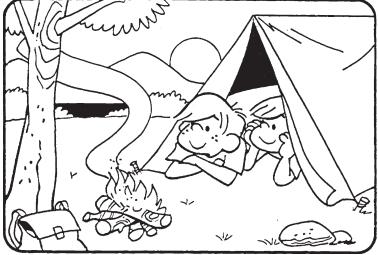
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### SUDOKU

**To play Sudoku:** Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29

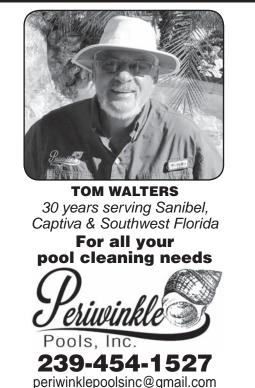
# HOCUS-FOCUS HENRY BOLTINOFF



Differences: 1. Frying pan is missing. 2. Tent is missing. 3. Sun is lower. 4. Radio is missing. 5. Tent flap is different. 6. Towel is missing.

### PROFESSIONAL DIRECTORY

#### POOL CLEANING



### FINANCIAL SERVICES









#### Mushrooms Stuffed with Feta and Spinach

8 ounces bacon slices

- 1 cup chopped onion
- 1 10-ounce package chopped frozen spinach, thawed, squeezed dry
- 4 ounces feta cheese, crumbled (about  $^{3}\!\!/_{4}$  cup)
- 4 ounces cream cheese, room temperature <sup>1</sup>/<sub>4</sub> teaspoon dried crushed red pepper
- $\frac{1}{4}$  teaspoon aried crushed red pepper  $2^{3}$ /4 pounds button mushrooms stemmed,
- (about 48; each about  $1\frac{1}{2}$  inches diameter)

Preheat oven to 375 degrees F. Cook bacon in heavy, large skillet until crisp, about 8 minutes. Transfer bacon to paper towels to drain. Coarsely crumble bacon. Discard all but <sup>1</sup>/<sub>4</sub> cup plus 2 teaspoons bacon fat (adding olive oil if necessary to equal that amount).

Heat 2 teaspoons reserved bacon fat in heavy medium skillet over medium heat. Add chopped onion and sauté until tender, about 5 minutes. Transfer to medium bowl and cool; mix in bacon, spinach, feta, cream cheese, and crushed red pepper. Season filling to taste with salt and pepper.

Line 2 large rimmed baking sheets with foil. Toss mushrooms and reserved <sup>1</sup>/<sub>4</sub> cup bacon fat in large bowl to coat. Sprinkle mushrooms with salt and pepper. Place mushrooms, rounded side down, in single layer on prepared baking sheets. Bake mushrooms until centers fill with liquid, about 25 minutes. Turn mushrooms over. Bake mushrooms until brown and liquid evaporates, about 20 minutes longer. Turn mushrooms over again. Spoon 1 heaping teaspoon filling into each mushroom cavity. (Filled mushrooms can be prepared 1 day ahead. Cover and refrigerate.)

Preheat oven to 375 degrees F. Bake mushrooms until heated through, about 10 minutes. Transfer mushrooms to platter and serve warm.

Yield About 48.举



Mushrooms Stuffed with Feta and Spinach

photo courtesy Fresh From Florida

Dr. Sharon Powell

Fax: (239)791-8852

Phone:(239)689-3525

Email:edisonparkpets@gmail.com

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### **PUZZLE ANSWERS**

### SUPER CROSSWORD

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### My Stars ★★★★

#### FOR WEEK OF AUGUST 22, 2016

**ARIES** (March 21 to April 19) A troubling situation takes a positive turn and moves toward a resolution that should please you and your supporters. Meanwhile, make time to deal with new domestic issues.

**TAURUS** (April 20 to May 20) It's a good time to reassess your goals and consider shifting directions. Remember to keep an open mind, and be prepared to make changes as new opportunities arise.

**GEMINI** (May 21 to June 20) Rely on your strong Mercury aspect to help you close that communication gap before it becomes too wide to cross. A sibling or other family member has news.

**CANCER** (June 21 to July 22) You're about to get off that emotional roller coaster and start experiencing more stability than you've been used to. This is a good time to let someone new into your life.

**LEO** (July 23 to August 22) Good news: A trusted friend comes through for you. But you still need to shed that last scrap of self-doubt and once more become the cool, confident Cat we all know and love.

**VIRGO** (August 23 to September 22) Things should be getting back to a less hectic pace. Enjoy the more peaceful atmosphere. You earned it. But don't forget about those still-unresolved issues.

**LIBRA** (September 23 to October 22) A more positive family relationship develops as misunderstandings are explained away. A job situation appears promising, but check it out before you act on it.

**SCORPIO** (October 23 to November 21) Congratulations. That on-the-job situation is working out as you'd hoped. Now's a good time to relax and to enjoy the company of family and close friends.

**SAGITTARIUS** (November 22 to December 21) You might feel as if you're caught in an emotional tug-of-war. But don't be rushed into a decision on either side. Wait for more facts before you act.

**CAPRICORN** (December 22 to January 19) The Goat's usually high level of selfconfidence is brimming over these days. This should help you deal with a situation that you've avoided for far too long. Go for it.

**AQUARIUS** (January 20 to February 18) Relationships become more intense. But be careful not to be pushed into decisions you're not comfortable with. Remember: You're the one in charge of your life.

**PISCES** (February 19 to March 20) You need to show more confidence in your ability to reach your goals. Make that long-delayed decision, and avoid floundering around in a sea of self-doubt.

**BORN THIS WEEK:** Although you appear to be strongly opinionated, you can also be open to other ideas -- so long as they are presented with logic and clarity.

#### THIS WEEK IN HISTORY

• On Aug. 24, 79 A.D., Mount Vesuvius erupts in southern Italy, devastating the prosperous Roman cities of Pompeii and Herculaneum, and entombing thousands under a thick layer of volcanic material and mud. In the 18th century, the cities were rediscovered and excavated.

• On Aug. 22, 1864, the International Red Cross is founded in Geneva after being advocated by Swiss humanitarian Jean-Henri Dunant. The international emblem, a red cross on a white background, is the Swiss flag in reverse.

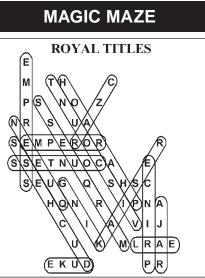
• On Aug. 25, 1875, Matthew Webb, a 27-year-old merchant navy captain, becomes the first known person to successfully swim the English Channel. Webb accomplished the 21-mile crossing, which really entailed 39 miles of swimming because of tidal currents, in just under 22 hours.

• On Aug. 27, 1883, the most powerful volcanic eruption in recorded history occurs on Krakatau, a small volcanic island in Indonesia. Heard 3,000 miles away, the explosions threw 5 cubic miles of earth 50 miles into the air, created 120-foot tsunamis and killed 36,000 people.

• On Aug. 23, 1926, the death of silentscreen idol Rudolph Valentino at age 31 sends his fans into a hysterical state of mass mourning. Some 100,000 mourners lined the streets outside the New York City church where funeral services were held.

• On Aug. 26, 1957, the Soviet Union announces that it has successfully tested an intercontinental ballistic missile (ICBM) capable of being fired "into any part of the world." Following his election in 1960, President John F. Kennedy made missile development and the space program priorities.

• On Aug. 28, 1968, at the Democratic National Convention, tens of thousands of protesters against the Vietnam War battle



thousands of police in the streets of Chicago. Fights also broke out on the convention floor, and delegates and reporters were beaten and knocked to the ground.

#### STRANGE BUT TRUE

• It was English Victorian author Samuel Butler who made the following sage observation: "Words are like money; there is nothing so useless, unless when in actual use."

• Martha Jane Canary -- better known as Calamity Jane -- was a noted frontierswoman in the late 19th century. She defied expectations of women by refusing to wear dresses, becoming a scout and fighting against Indians in the West. As one contemporary commenter observed, "She swore, she drank, she wore men's clothing. She was 50 years ahead of her time."

• Those who study such things say that two-thirds of a shark's brain is dedicated to detecting and sorting out odors.

• In his 1510 book "The Adventures of Esplandian," Spanish author Garci Rodriguez de Montalvo wrote of an island peopled entirely by Amazon-like women, and he called it California. When Spaniard Francisco de Ulloa was exploring the west coast of North America, his initial surveys of the Baja Peninsula led him to believe the land was an island, so the region was given the name of the mythical place: California.

• In Mongolia, it's common to put salt in one's tea before drinking it.

• If you're a fan of nature documentaries, you've doubtless seen footage of Africa's Serengeti, site of the world's largest terrestrial mammal migration. If you've see images of the place, you won't be surprised to learn that in Maasai, the word "Serengeti" means "the place where the land runs on forever."

• You've probably heard of John Steinbeck's celebrated novel "Of Mice and Men," but you probably didn't know that it was almost titled "Something That Happened."

#### THOUGHT FOR THE DAY

"Do you wish the world were happy? / Then remember day by day, / Just to scatter seeds of kindness / As you pass along the way." -- Ella Wheeler Wilcox

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### SCRAMBLERS

solution 1. Hunger; 2. Wanted; 3. Lavish; 4. Pleased Today's Word SISTER

#### **TRIVIA TEST**

- 1. Mythology: What was Charybdis in ancient literature?
- 2. Television: Who was the original host of the game show "Let's Make a Deal"?
- 3. U.S. States: What is the capital of South Dakota?
- History: When was the Securities and Exchange Commission established to regulate sales of stocks and bonds?
   Geography: What U.S. city's seal
- includes a phoenix, which symbolizes its rise from destruction in the Civil War?
- 6. General Knowledge: Where are the British Crown Jewels displayed?
- 7. Food & Drink: What is tequila made from?
- 8. Movies: Who earned a second supporting actor Oscar for his performance in "The Cider House Rules"?
- 9. Anatomy: What kind of tissue connects bones and joints?
- 10. Literature: What was the pseudonym of author Hector Hugh Munro?

#### **TRIVIA ANSWERS**

I. A whirlpool sometimes described as a sea monster 2. Monty Hall 3. Pierre 4. 1934, after the 1929 stock market crash 5. Atlanta 6. The Tower of London 7. Blue agave 8. Michael Caine 9. Ligament 10. Saki



### $\star \star \star$ www.islandsunnews.com PLACE CLASSIFIED $\star \star \star$

### **Turtle Nesting** Season Guidelines

Tith the official start of sea turtle nesting season now upon us, the City of Sanibel, in partnership with the Sanibel-Captiva Conservation Foundation (SCCF), is asking all residents and visitors to do their part in protecting these threatened and endangered species.

On Sanibel, nesting and hatchling emergence

typically occur between May 1 and October 31. The nesting ritual of the loggerhead sea turtle is one of the most remarkable natural phenomena occurring on Sanibel's gulf beaches. This natural process has happened on Sanibel for centuries and our 11 miles of gulf shoreline have more nesting activity than any other beach in Lee County. Sought by predators and susceptible to dehydration, sea turtle hatchlings have only a one in one thousand chance of survival. Human activities can further reduce that chance.

By following these simple guidelines, you can do your part to ensure the survival of these magnificent creatures:

• Turn off or shield lights near the beaches. Artificial beach lighting can inhibit female sea turtles from nesting and disorient hatchlings. Most beachfront lighting issues can be addressed by turning off all unnecessary lights, repositioning or modifying light fixtures or closing blinds and drapes.

• Remove furniture and other items from the beach and dune area when not in use, between the hours of 9 p.m. and 7 a.m. Items left on the beach, including beach furniture, toys and trash, may be barriers to nesting or result in entanglement and predation of hatchlings.

• Level all sandcastles and fill any holes dug during play. These are fine during the day but may pose additional hazards at night. Please leave the beach as you found it, so that sea turtles and hatchlings are not hindered on their way to nest or to the water.

• Pick up all trash. Sea turtles mistakenly eat debris, especially plastic, which results in death.

• Honor the leash law. All dogs on the beach must be on a leash and not allowed to disturb nesting turtles or hatchlings. Gulf-front property owners should

make sure that their properties are in compliance with the city's sea turtle protection ordinances and ensure that artificial lighting from the property is not illuminating the beach (Sanibel Code Section 74-181-74-183, Section 126-996-126-1002).



Kerry Salatino, volunteer with SCCF Sea Turtle Conservation Program, finding sea turtle hatchlings with program coordinator Kelly Sloan photo by Jeff Lysiak

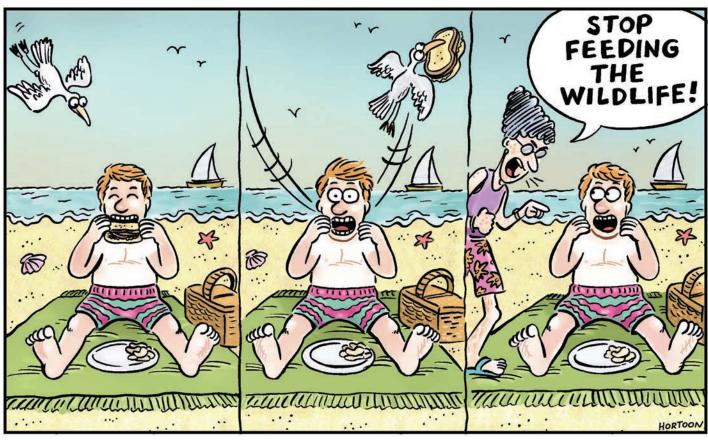
### HORTOONS

#### THE RIVER - AUGUST 19, 2016 31

An easy way to test if your property is in compliance is to stand on the beach on a moonless night and look seaward. If you can see your shadow cast towards the water, there is too much light behind you. This light could potentially deter female turtles from nesting or disorient hatchlings as they emerge from the nest.

We look forward to another successful sea turtle nesting season and hope to uphold Sanibel's reputation as having one of the darkest and most "turtle friendly" beaches in the state. We ask for your continued compliance with city's sea turtle protection ordinances and remind all residents and visitors that violations of these ordinances may be subject to city, state, and/or federal fines and penalties. Violations should be reported immediately to the Sanibel Police Department at 472-3111, Sanibel Code Enforcement at 472-4136, or Natural Resources at 472-3700.

For more information regarding sea turtles on Sanibel, visit the city's website at http://mysanibel. com/Departments/Natural-Resources/Protecting-Our-Beaches/Sea-Turtles.☆



### Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Beachview Country Club Estates	Sanibel	2000	2,360	\$1,245,000	\$1,050,000	143
Ravista	Bonita Springs	2004	3,127	\$994,900	\$960,000	22
Sunset Captiva	Captiva	1980	2,136	\$885,000	\$830,000	0
Cape Coral	Cape Coral	2012	2,708	\$799,900	\$750,000	134
Belle Lago	Estero	2004	4,357	\$799,000	\$755,000	27
Sanibel Shores	Sanibel	1989	1,800	\$775,000	\$745,000	67
Sanctuary	Bonita Springs	2001	3,123	\$764,900	\$721,000	133
Holiday Shores	Fort Myers Beach	1989	4,272	\$740,000	\$700,000	39
Cape Coral	Cape Coral	2003	4,260	\$699,900	\$630,000	343
Burnt Store Marina	Punta Gorda	2007	3,456	\$689,000	\$649,500	80

Courtesy of Royal Shell Real Estate



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